

INTERPROS

2023	2024	2025	2026	2027
Venue: Kwa Zulu-Natal 30-45+ age groups Dates: 18 May - 21 May	Venue: Gauteng North 30-55+ age groups Dates: 24 - 28 July 2024	Venue: Cape Town 30-55+ age groups Dates: 30 April - 4 May 2025	Venue: Joburg Tennis (GC) 30-55+ age groups Dates: 9 - 13 Sept 2026	
Venue: Mpumalanga 65-85+ age groups Dates: 24 Aug - 27 Aug	Venue: Winelands 55-85+ age groups Dates: 2 - 6 October 2024	Venue: GE 60-85+ age groups Dates: 25 - 29 August	Venue: Eden 60-85+ age groups Dates: 11 - 15 May 2025	
Venue: Winelands 50-60+ age groups Dates: 16 Oct - 21 Oct				

Young Seniors - Manavgat Turkey Team - 19 - 24 March 2023 Individ - 25 - 1 April 2023	65 - 90+ - Manavgat Turkey Team: 19 - 15 March 2024 Ind: 16 - 23 March 2024	30-45+ Manavgat - Turkiye Team: 9 - 14 March 2025 Ind: 15 - 22 March 2025	60 - 70+ Manavgat - Turkiye Team: 08 - 13 March 2026 Ind: 14 - 21 March 2026	Not yet decided
	50 - 60+ Mexico City Mexico Team: 28 April - 3 May 2024 Ind: 4 - 11 May 2024	60 - 70+ Palm Beach Florida Team: 11 - 16 May 2025 Ind: 17 - 24 May 2025	50 - 55+ Rome Italy Team: 05 - 10 July 2026 Ind: 11 - 18 July 2026	Not yet decided
Seniors - Lisbon Portugal Team - 13 - 18 August 2023 Individ - 19 - 26 August 2023	30 - 40+ Lisbon Portugal Team: 4 - 9 August Ind: 10 - 17 August 2024	50 - 55+ Lisbon Portugal Team: 3 - 8 August 2025 Ind: 9 - 16 August 2025	40 - 45+ Lisbon Portugal Team: 2 - 7 August 2026 Ind: 08 - 15 August 2026	Not yet decided
Super Seniors - Mallorca Spain Team - 8 - 13 October 20023 Individ - 14 - 21 October 2023	45+ Tokyo, Japan Team: 17 - 22 November 2024 Ind: 23 - 30 November 2024	75 - 90+ Brac Island Croatia Team: 5 - 10 October 2025 Ind: 11 - 18 October 2025	75 - 90+ Crete Greece Team: 18 - 23 October 2026 Ind: 24 - 31 October 2026	Not yet decided
			30 - 35+ Tokyo Japan Team: 15 - 20 November 2026 Ind: 21 - 28 November 2026	

2023	2024	2025	2026	2027
Sat 4 March to Wed 8 March All age groups Pretoria	Sat 2 March to Wed 6 March All age groups Western Cape	Sat 1 March to Wed 5 March All age groups Winelands	Sat 7 March to Wed 11 March All age groups GETA - Benoni	Sat 6 March to Wed 10 March All age groups GETA - Benoni
Easter 6, 7, 8, 9 April 2023	Easter 29,30,31 & 1 April 2024	Easter 18,19,20,21 April 2025	Easter 3,4,5,6 April 2026	Easter 26,27,28,29 March 2027