diaries
diaries
diaries
diaries
diaries
diaries
diaries
boundiaries
bound
bound
bound
bound
bound
bound
bound
boundaries
boundaries
boundaries

MICHAEL LAU

COLUMBIA GSAPP

## **INDEX**

MULTISCALAR POSTNATURAL MARINE LANDSCAPES	0
FROM WHALES TO SARGASSUM: ENHANCING THE OCEAN'S NATURAL CARBON ABSORPTION CAPACITY	
GROUND:UP	1
Democraticizing the Ground Plane and Restoring Sense of Belonging	
DEMOCRATIZING CONSENSUS MAPPING	3
RESEARCH OUTPOST FOR CONSENSUS BUILDING IN NUNAVUT, CANADA	
MIND-FLOW	4
Sensory Healing through Meditation with Nature	
SCHOOL OF SENSES	5
DELAMINATION OF SENSORY EXPERIENCE INTO A KINETIC LEARNING	
RECASTING THE COLLECTIVE	7

DEMOLISHING UNPHYSICAL BOUNDARIES AND FOSTERING COMMUNITY

boundiaries is a *diary* of my work at GSAPP; all of which are bounded by an intrinsic curiosity and exploration of *boundaries*.

**Multiscalar Postnatural Marine Landscapes** proposes the formation of marine landscapes that **serve as a protective boundary**, protecting endangered blue whales from the ecological injustices caused by offshore wind energy, while simultaneously enhancing the ocean's natural carbon absorption capacity.

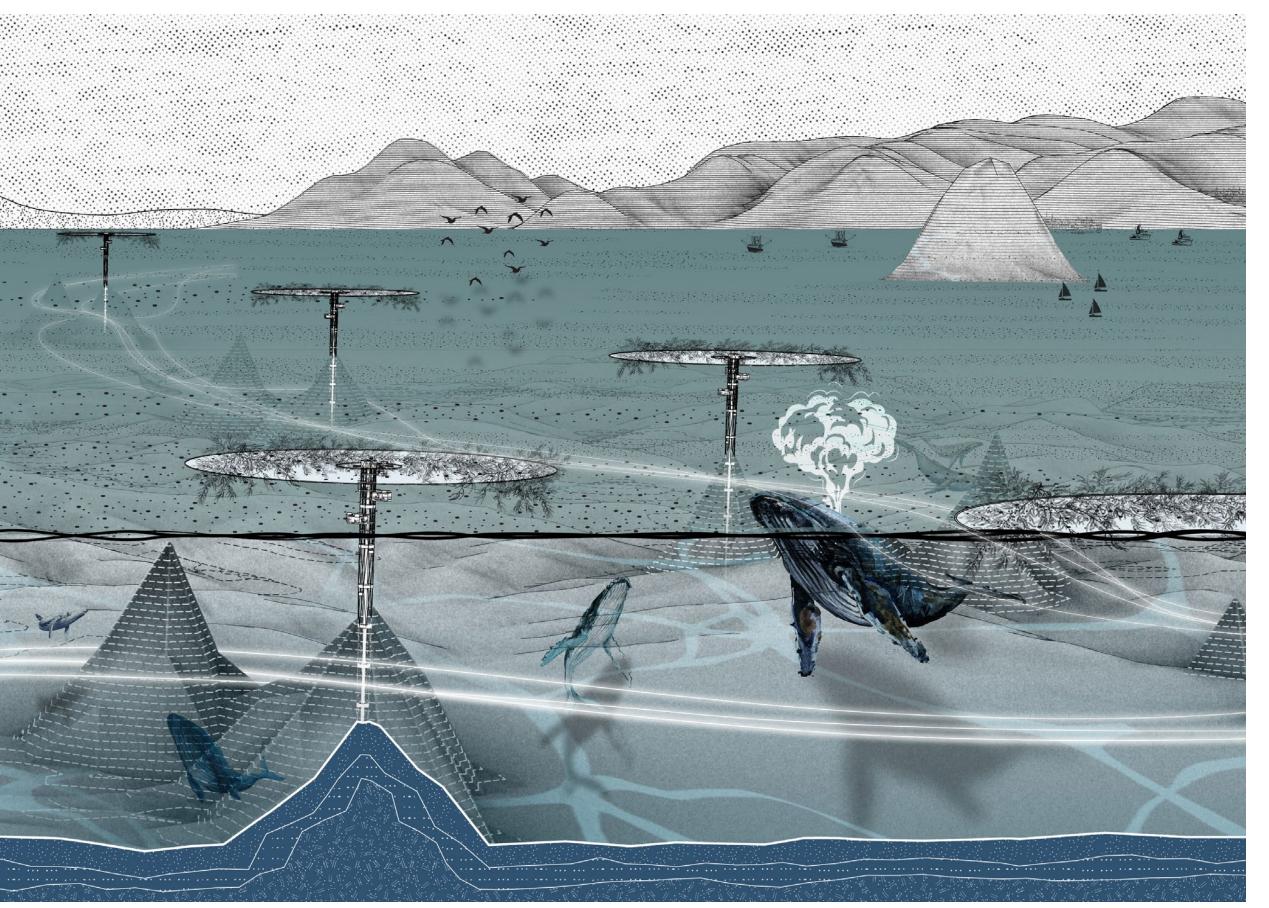
**The Ground:Up** housing project seeks to reclaim and reactivate the ground level, **breaking down socio-economic boundaries** by empowering local businesses and promoting equal distribution of wealth and resources among community members.

**Democraticizing Consensus Mapping** *challenges conventional mapping boundaries* by prioritizing the perspectives and knowledge of underrepresented entities like Caribou migrations and Inuit populations in Nunavut, promoting an inclusive and equitable representation in map-making and consensus building.

**Mind-Flow**, a meditative healing center, *blurs boundaries between humans* and nature by creating a sensory experience that encourages individuals to connect with their environment and tune into their senses; an alternative to traditional methods of addiction recovery by emphasizing humans' connection to the natural world.

**School of Senses** deploys curtains that *delaminate the functional boundaries* of traditional building enclosures, creating a sensory and interactive learning environment that evolves with the needs of students and challenges the traditional conventions of a static classroom.

Recasting the Collective breaks down physical and nonphysical boundaries of the Amsterdam Houses community facing gentrification. Resident-run studios and pockets of common spaces introduce social services and the local circulation of capital; while interconnected terraces extend domestic space and foster a sense of collectivity.



# MULTISCALAR POSTNATURAL MARINE LANDSCAPES

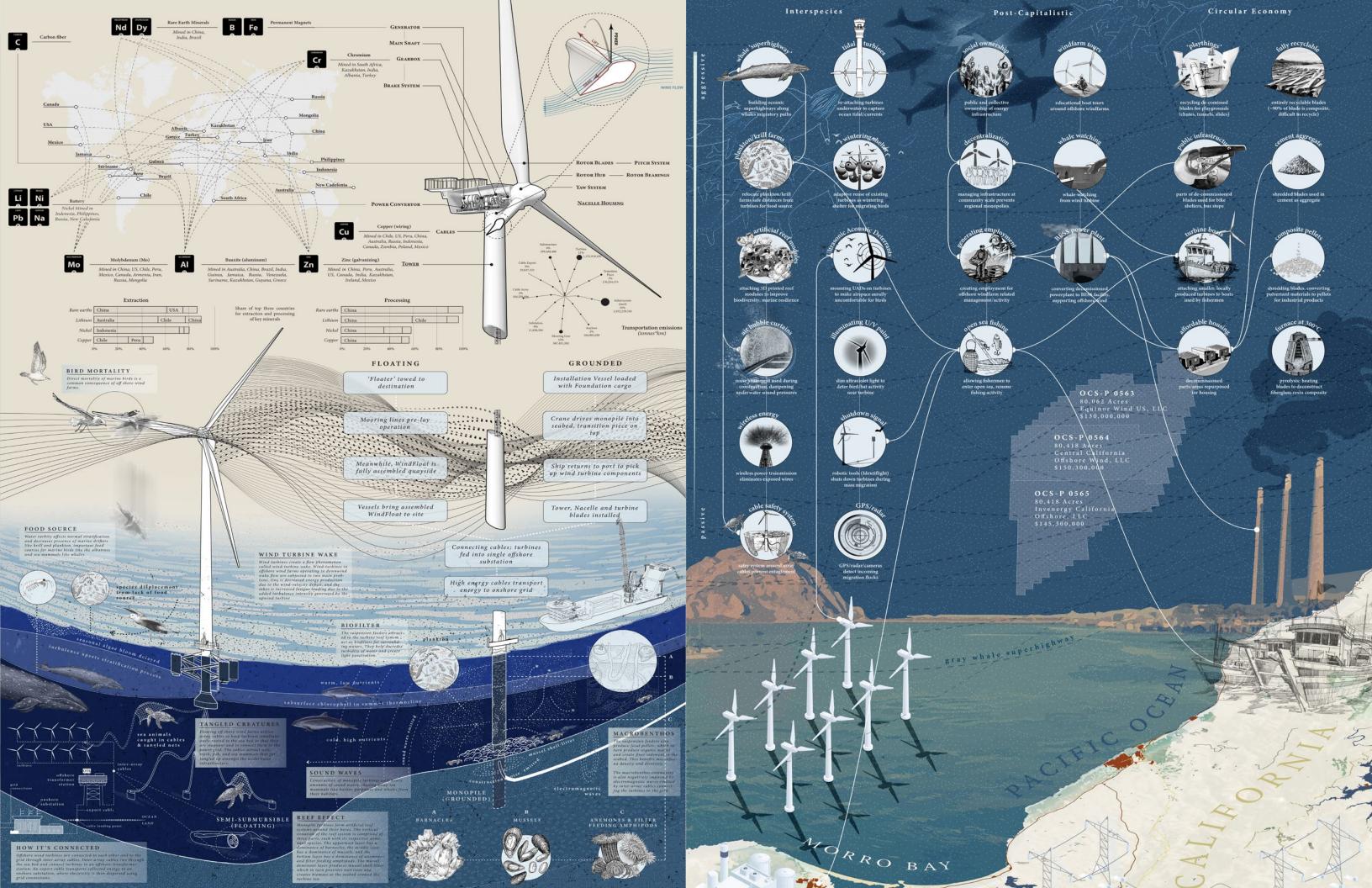
FROM WHALES TO SARGASSUM: ENHANCING THE OCEAN'S NATURAL CARBON ABSORPTION CAPACITY

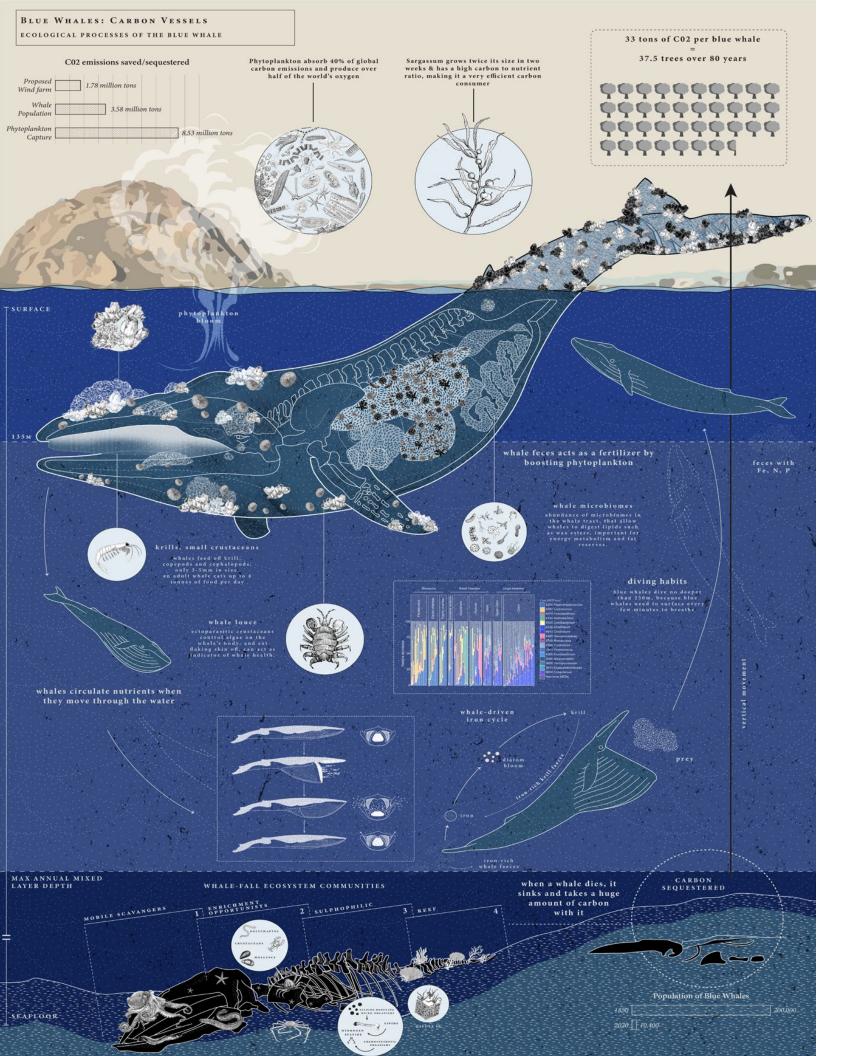
The project challenges and pushes back on the oceanic ecological injustices of renewable offshore wind energy. The intervention focuses primarily on Morro Bay in the North Pacific Ocean, where 240 thousand acres of planned offshore wind farms would endanger migrating blue whales, which are critical to the ocean's natural carbon capture capacity.

A proposed post-natural marine landscape of seamounts stacked over time with compressed sargassum protects endangered whales, gently altering whale migratory routes over time, while promoting oceanic biodiversity and enhancing the ocean's natural carbon capture capacity. The spectacle of the (infinitely) scalable, continuous marine landscape juxtaposes the immense scale of the wind farm - reclaiming agency of the ocean's natural environment and its ecosystems.

Year of completion: Project type: Spring 2023 Partner w. Julie Kim Prof. LUZÁRRAGA, Mireia and Prof. MUIÑO, Alejandro

Instructors:



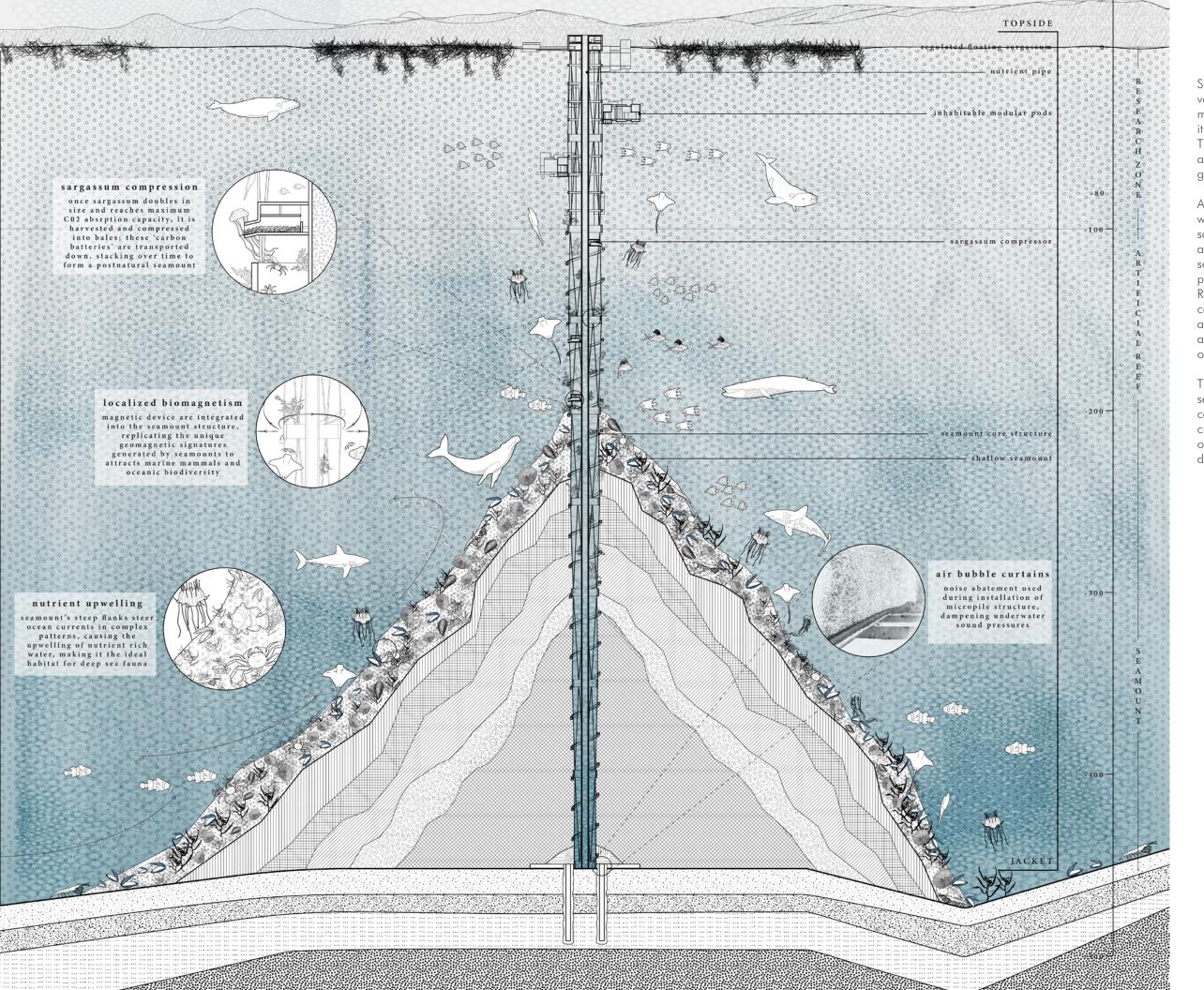




speculative plan for future blue whale migratory 'superhighways'

When whales die, they sink to the bottom of the ocean, each great whale sequestering 33 tons of CO2 on average; equivalent to 3000 trees (48 pounds CO2 a year). Their decomposing bodies create whale-fall ecosystem communities; different stages of carcass decomposition support a succession of marine biological communities.

Moreover, whales are hugely important to the productivity and growth of phytoplankton. Phytoplankton is the ocean's biggest carbon capture device - these microscopic creatures capture 37 billion metric tons of C02, around 40% of all C02 produced, while contributing to at least 50% of all oxygen in our atmosphere.

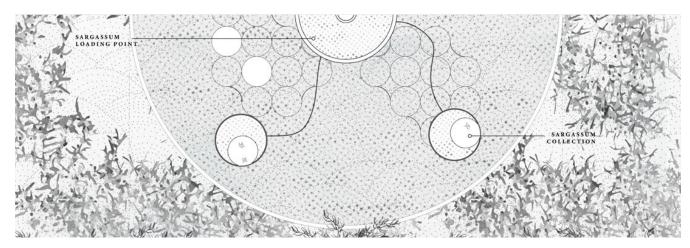


Seamounts, undersea mountains formed by volcanic activity, are a crucial part of the whales migratory navigation; due to the rich biodiversity it hosts, and their unique geomagnetic signatures. They serve as resting and feeding stops for whales, and even a 'singing stage' for humpback whales to gather an audience.

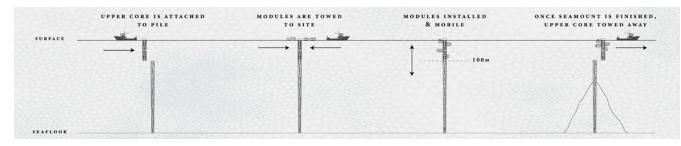
A vast postnatural landscape of seamounts will be formed by the stacking of compressed sargassum. Sargassum is extremely efficient at absorbing carbon, doubling in size while doing so; they can sequester 10 times more carbon than phytoplankton with the same nutrients provided. Regulated ranching of free floating sargassum is completely safe and productive; the sargassum absorbs CO2 before being harvested, compressed and delivered down to the seabed, a form of organic carbon capture in itself.

The seamounts also stimulate phytoplankton and seaweed growth, creating a full cycle ecosystem of carbon sequestration. Its steep flanks steer ocean currents in complex patterns, causing the upwelling of nutrient rich water, making it the ideal habitat for deep sea fauna.

Multiscalar Postnatural Marine Landscapes

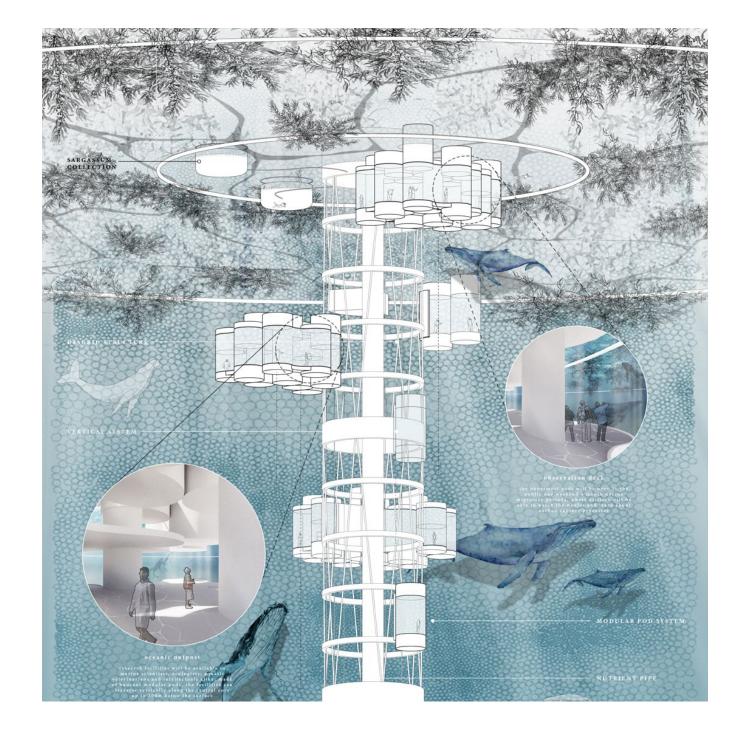


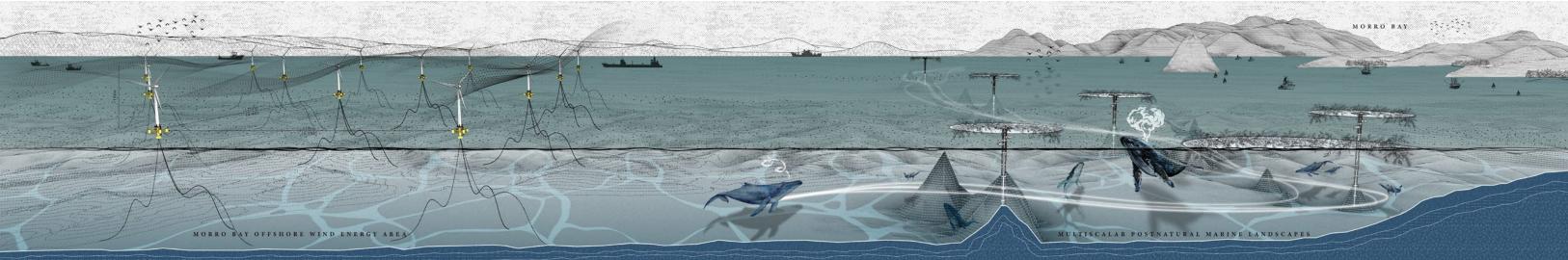
regulated ranching of free floating sargassum



seamount upper core (un)installation life cycle

Nutrient pipes control the free-floating sargassum, while drawing nutrient rich water from the deep ocean. The intervention will initially be towed to site, from there on all processes are localized. A non-intrusive, lightweight core structure is extended to seabed, temporarily anchoring the station for the delivery and distribution of compressed sargassum. Air bubble curtains are deployed during the installation of micropiles structure, dampening the underwater sound pressures.







# **GROUND:UP**

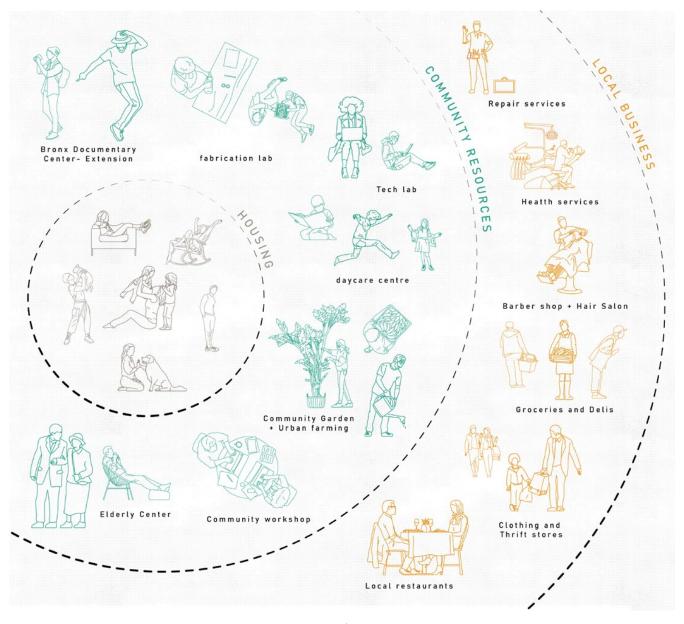
# DEMOCRATICIZING THE GROUND PLANE AND RESTORING SENSE OF BELONGING

Ground:Up recalls the neighborhood's sense of pride and belonging by reclaiming the ground plane, linking existing anchor institutions of the Bronx to stimulate locally run businesses and democraticizing wealth and resources within the community.

The project intends to be an active hub of both living and working, where the new mixed-commercial area on the ground is owned and run by residents of the housing and where community resources are provided for the training and support of growth of the next generation of entrepreneurs.

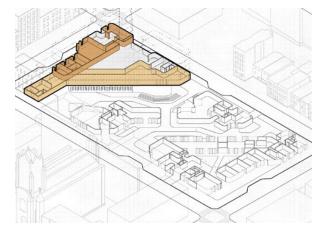
Year of completion: Fall 2021
Project type: Partner w. Lucas Pereira
Instructor: Prof. SOLOMONOFF, Galia



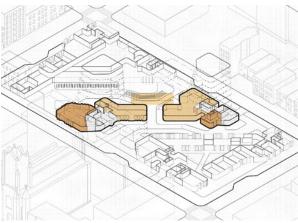


Aspirational Diagram of Community Networks

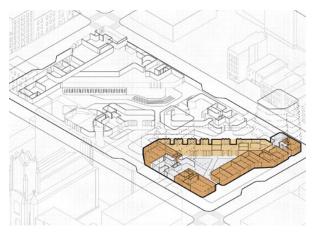
In our site visits, we noticed the nuances of activities and moments that eventually give identity to the neighborhood. The latin music playing constantly in the background, the elderly sitting on the sidewalk, the loud and lively latin hair salon, the engagement of the community garden and the Bronx Documentary Center, and the informality of local businesses with improvised storefronts are all spontaneous spots of urban life happening in small spaces.



GROCERY STORE
HARDWARE STORE
REPAIR SERVICE
MONEY EXCHANGE SERVICES
POST OFFICE
BRONX DOCUMENTARY CENTER
GALLERY AND STUDIO



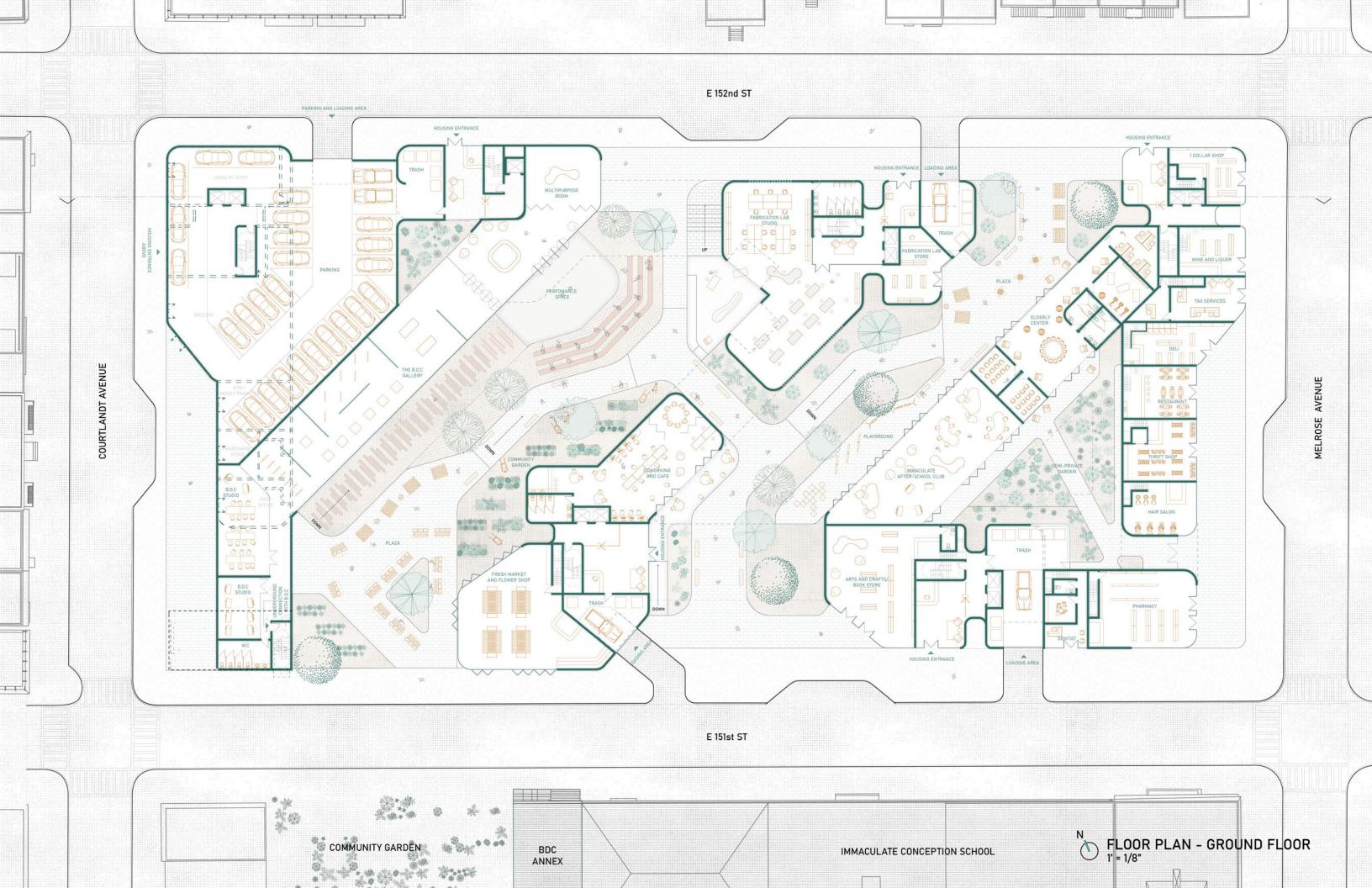
FABRICATION LAB STORE FRESH MARKET + FLOWER SHOP COWORKING SPACE URBAN FARMING FABRICATION LAB



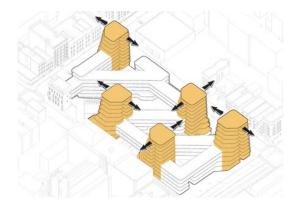
ARTS AND CRAFT SHOP
BOOKSTORE
DENTIST
PHARMACY
HAIR SALON
THRIFT SHOP
RESTAURANT
TAX SERVICES
POST OFFICE
FABRICATION LAB STORE
FRESH MARKET + FLOWER SHOP
COWORKING SPACE
URBAN FARMING
FABRICATION LAB

The project is linked to existing anchor institutions of the south Bronx, such as hospitals and universities, making use their purchasing power to inject money into local businesses, to democratize the wealth such that the dollar runs within the local community. This allows for a variety of ground floor programs to foster a self sustaining community, which can not only provide for its residents but also the neighborhoood around it.

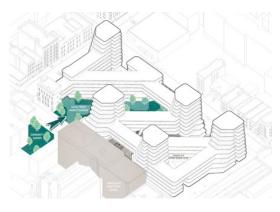




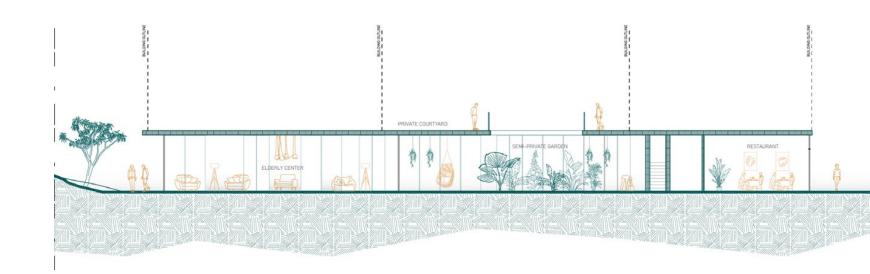
Ground:Up Core Studio III

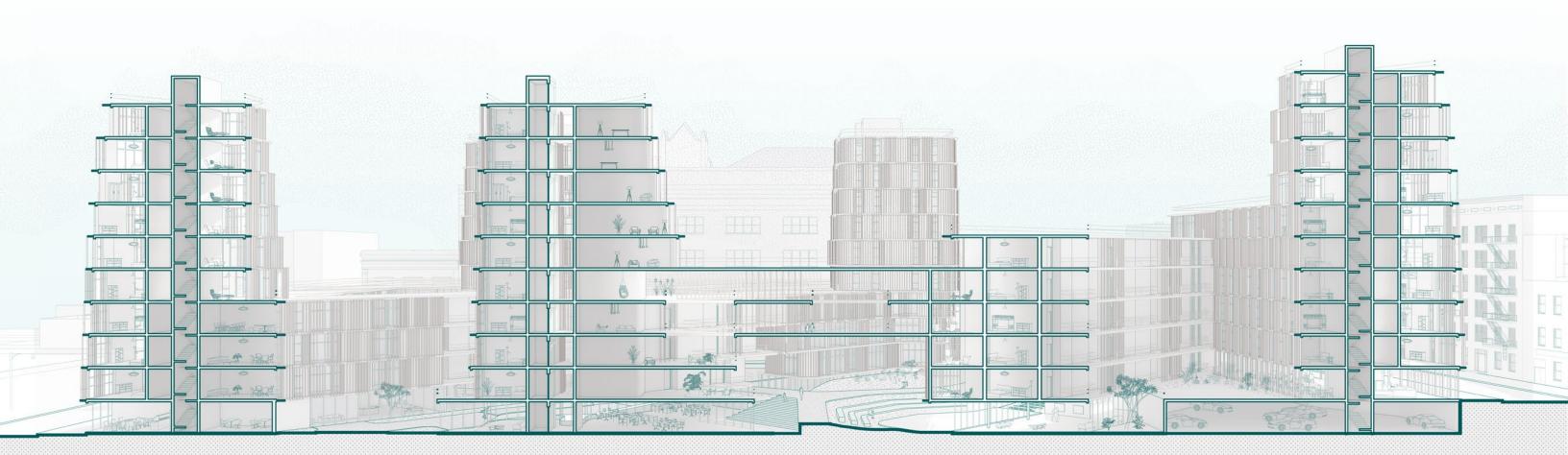


The project provides an interconnected ground floor plan, with varied densities and public spaces that ground the entire project in the site, while actively engaging with the streetscape as opposed to creating a plinth.



2 larger open axis connects the community garden to the flower market and the primary school to the afterschool club, while pockets of semi-private courtyards are created for the residents.









The "switches" in the plan mark moments of shared community resources

in a pair, in addition with a 2' gap between corridor and unit, they create these in between moments shared by the by community areas such as art rooms, laundry rooms two residents. This pace can work as a mud room or a and computer rooms. They would work as a small scale seating area, mini garden, storage, and more.

The units are designed with 3' of recess so when clustered Scattered through the plan, there are moments where the corridor switches position. These moments are marked community resource space.

E 151st ST

COURTLANDT AVENUE

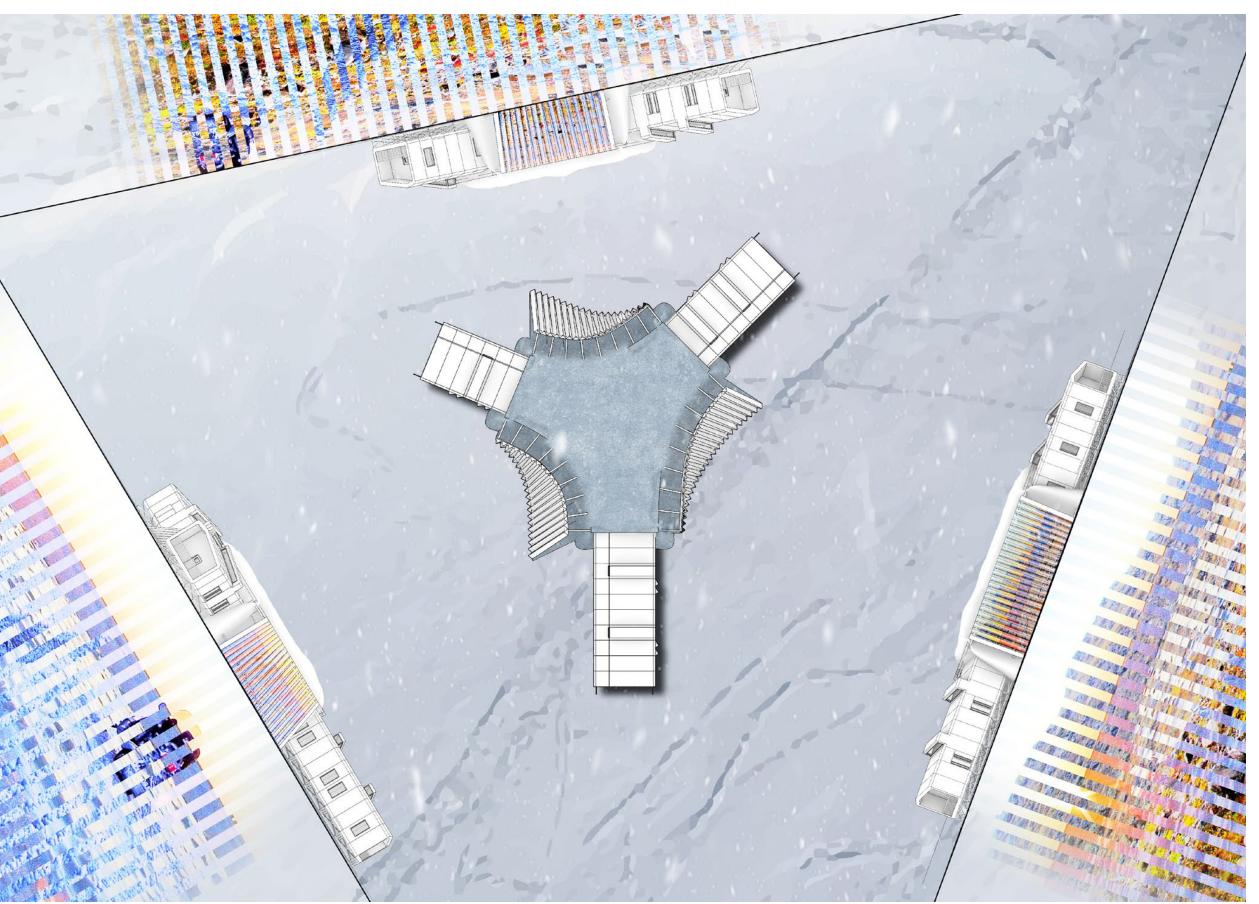




A vertical shading element runs on a track on architectural fins projected 2' from the interior slab edge. This creates for a textured, ever-changing facade which allows for the individuality and expression of the residents, in addition to their environmental benefits. The shading element also softens the horizontality of the project, giving it a mound like appearance.







# DEMOCRATIZING CONSENSUS MAPPING

RESEARCH OUTPOST FOR CONSENSUS BUILDING IN NUNAVUT, CANADA

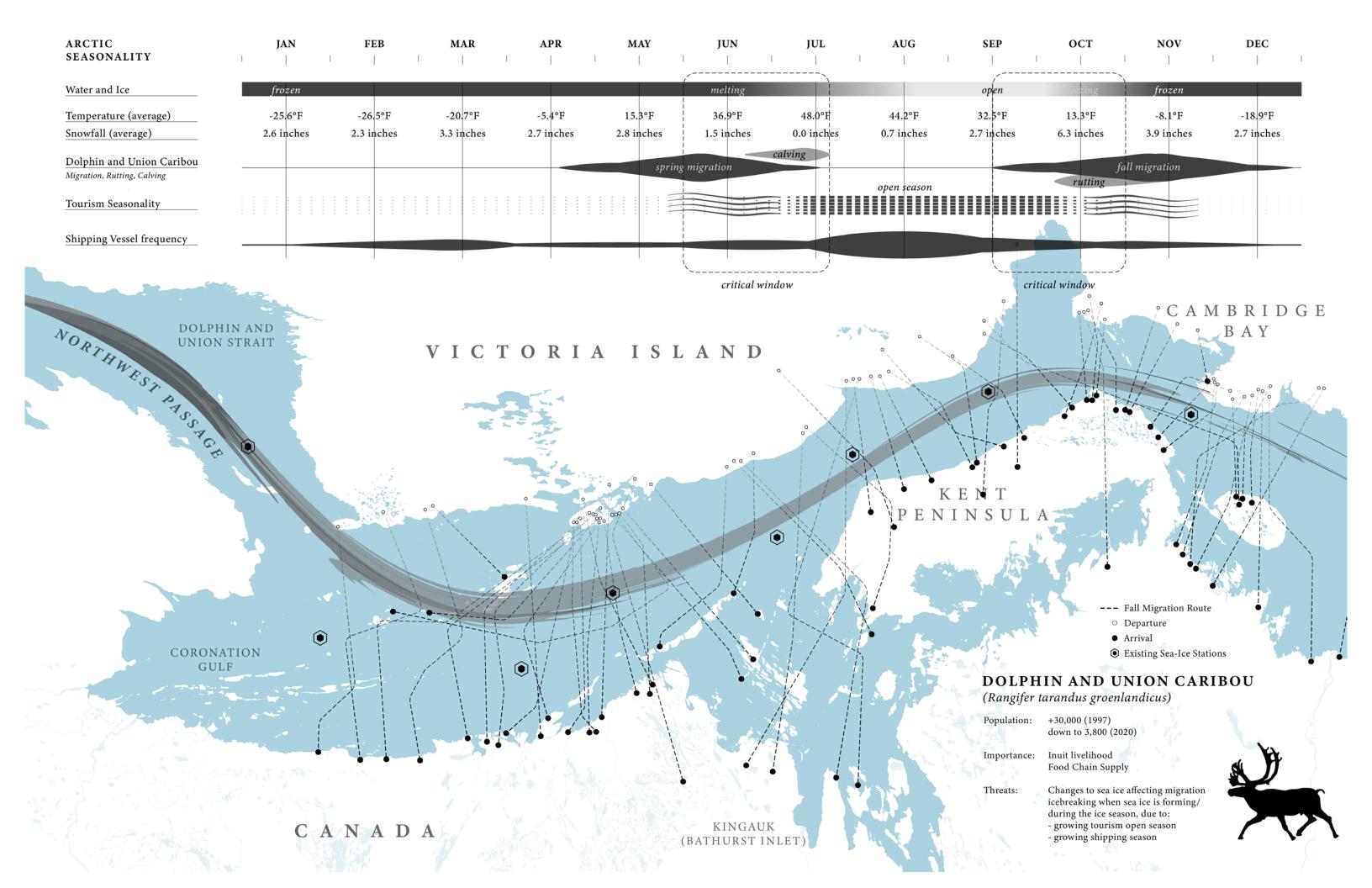
The Northwest Passage, one of the most commonly used passages for shipping and tourism purposes, intersects a large amount of icy harbours - meaning that icebreakers are utilized to carve passageways for vessel traffic.

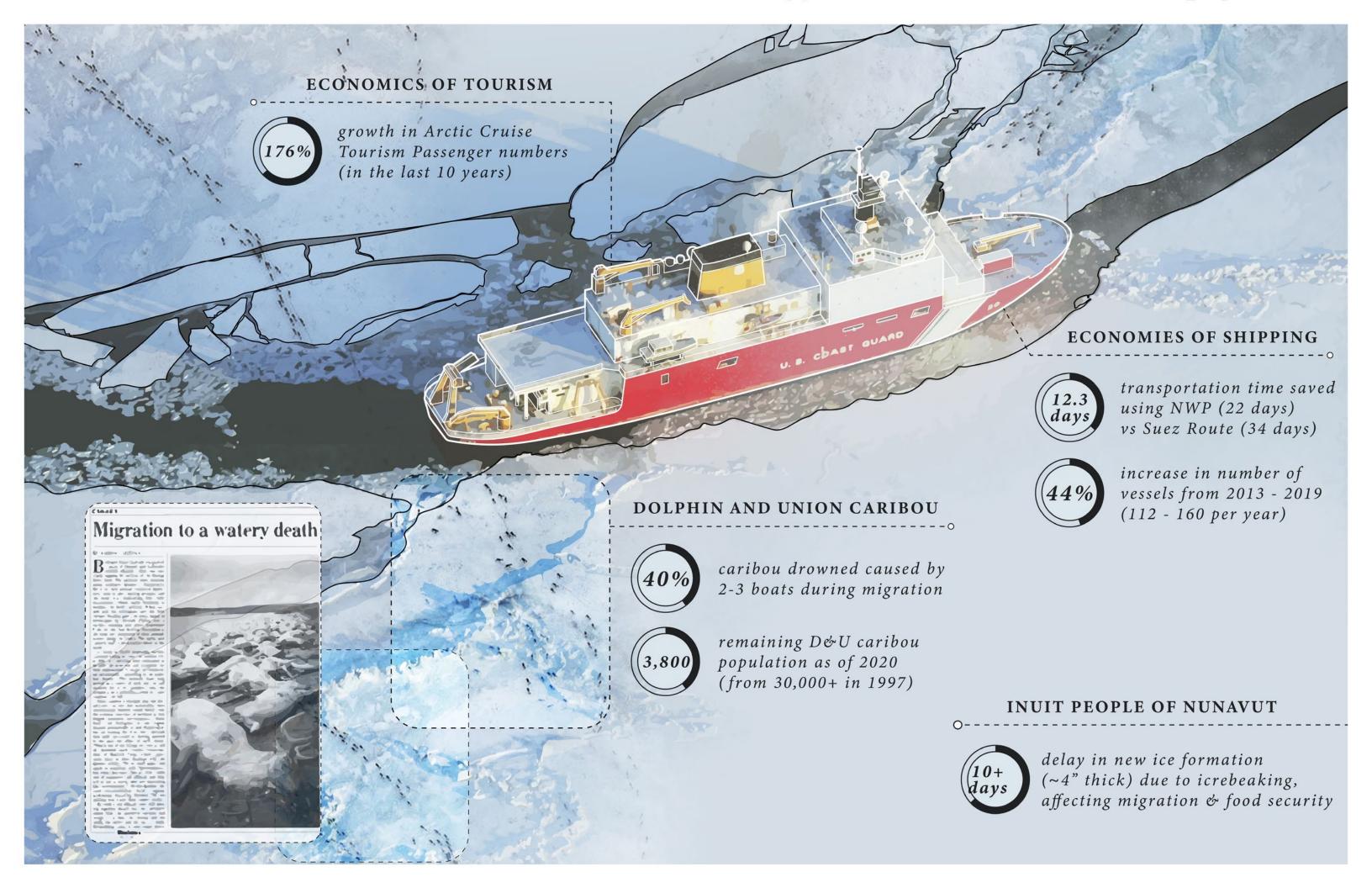
These external activities affect Dolphin Union Caribou in particular, whose migratory routes and breeding grounds have been broken up by icebreaking and vessel activities. This in turn affects local Inuits, whose diet and culture largely revolved around caribou.

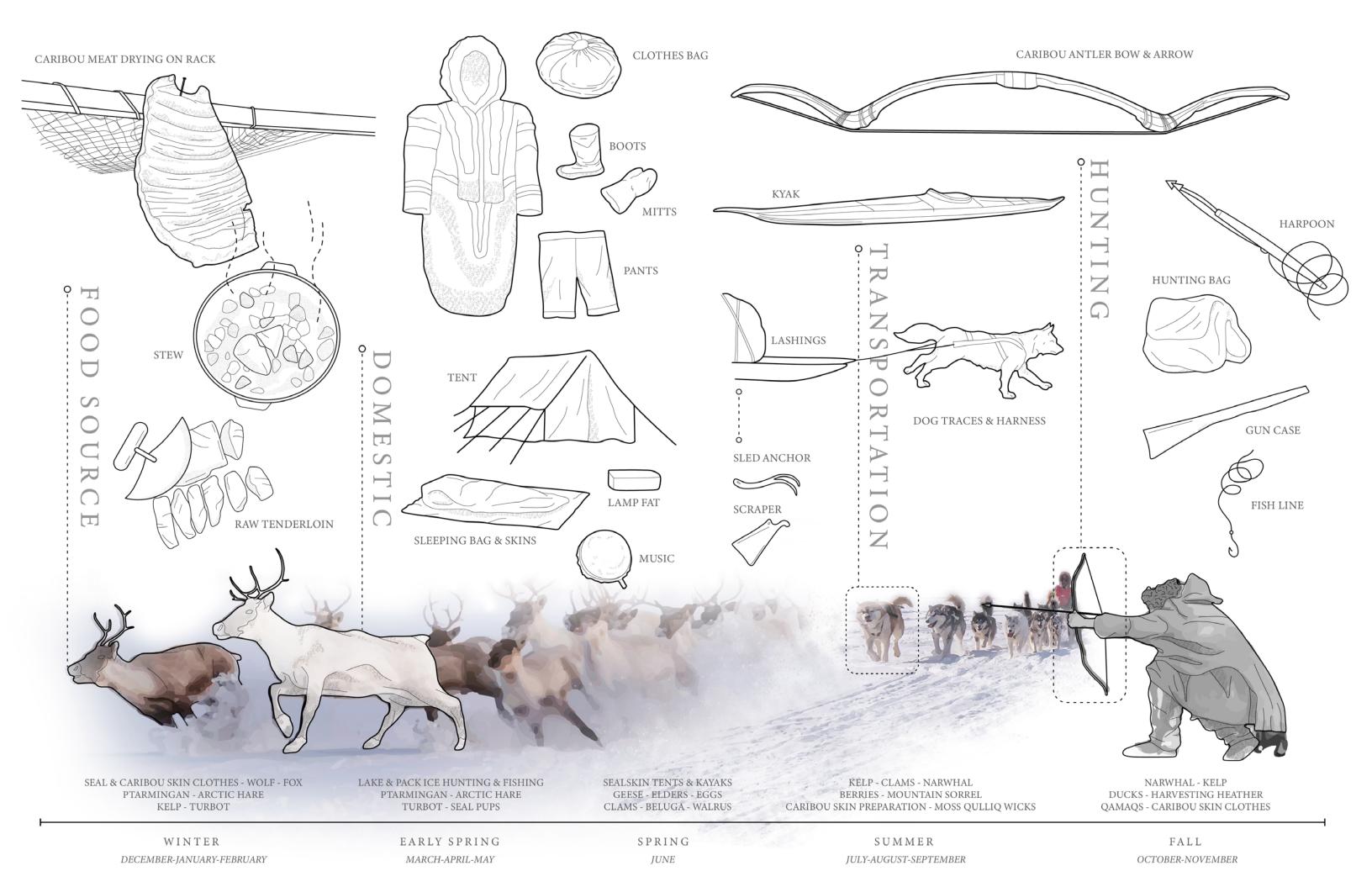
A research outpost for map-making between under-represented entities of the Nunavut region in Canada - Caribou migrations and Inuit populations, utilizing a bottom-up approach to research and data collection. Catoptric devices inspired by local inuit wayfinding practices, and traditional earth-berming techniques inform the outpost station.

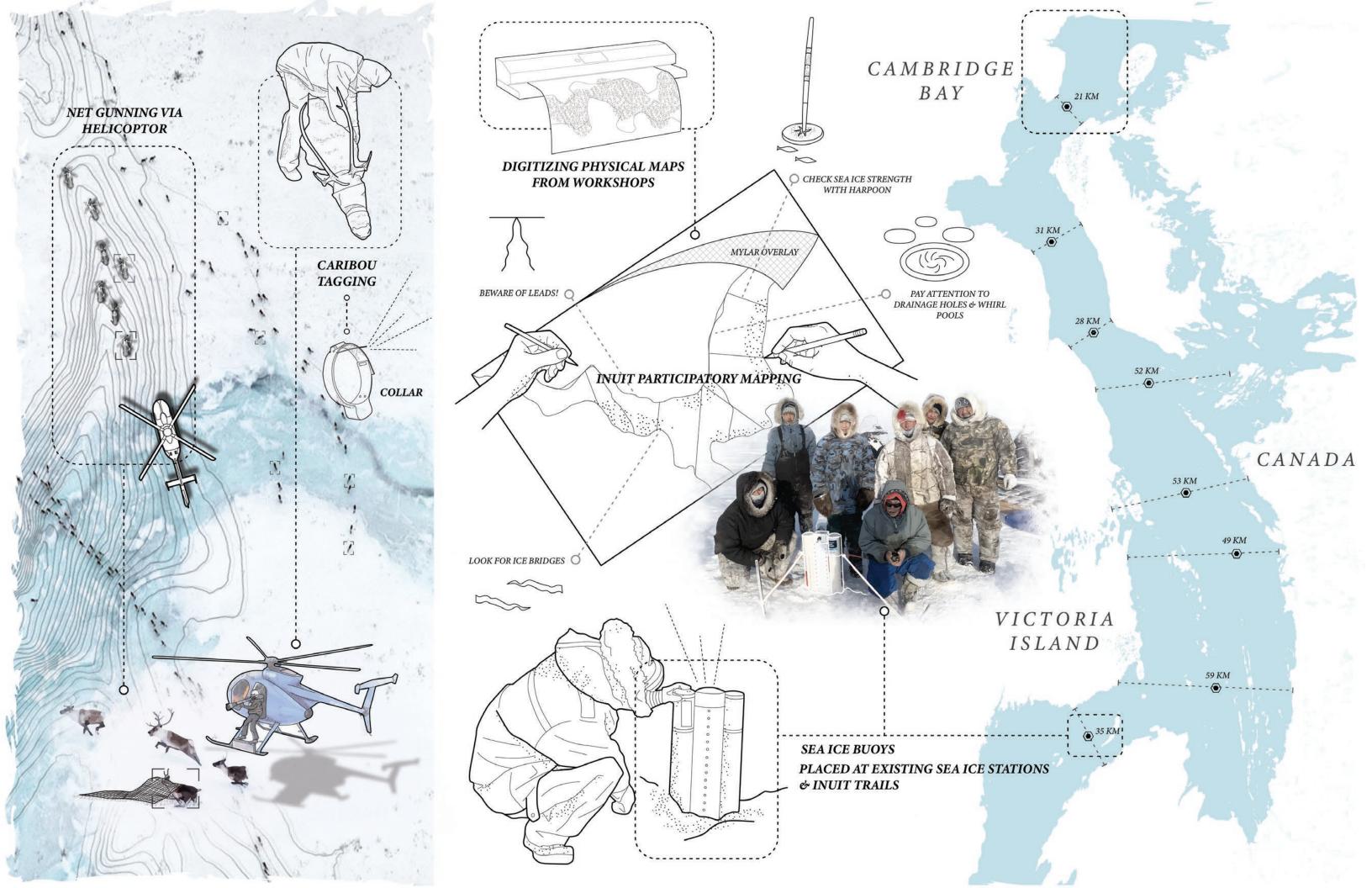
Year of completion: Project type: Fall 2022 Partner w. Julie Kim Prof. GILL, Leslie and Prof. NGUYEN, Khoi

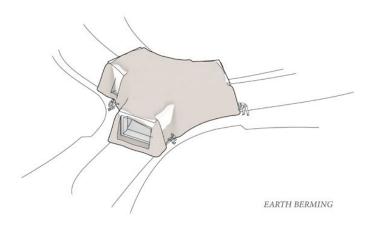
Instructor:

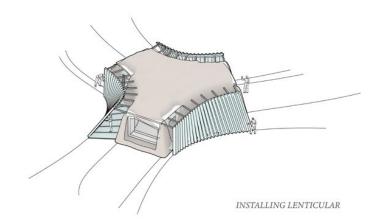


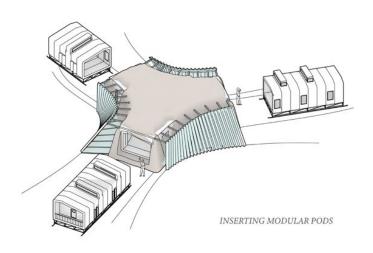


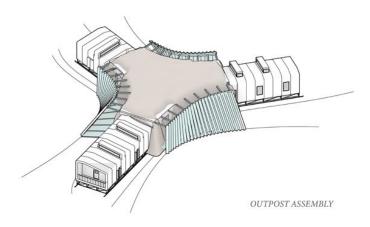


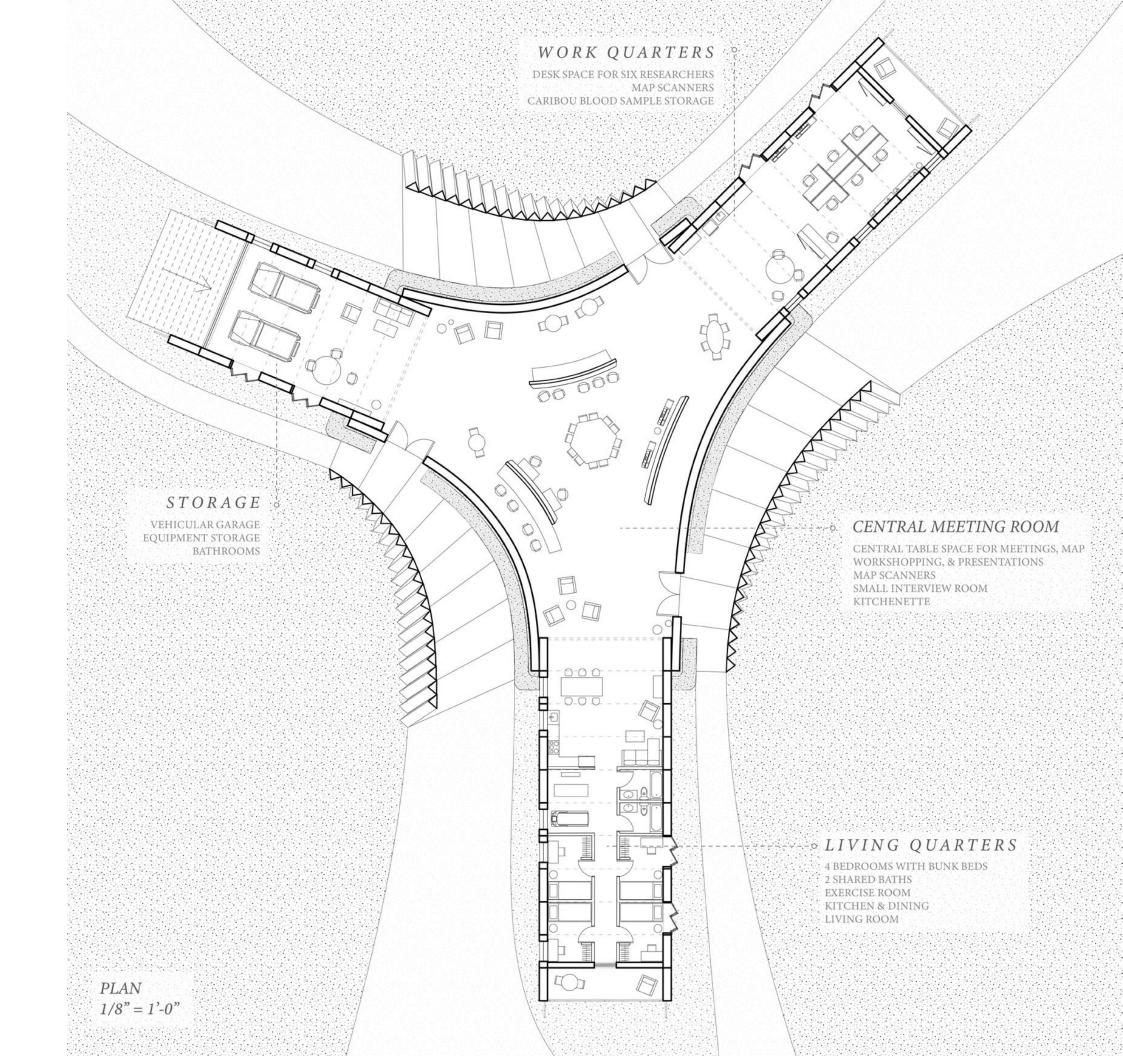












Democratizing Consensus Mapping



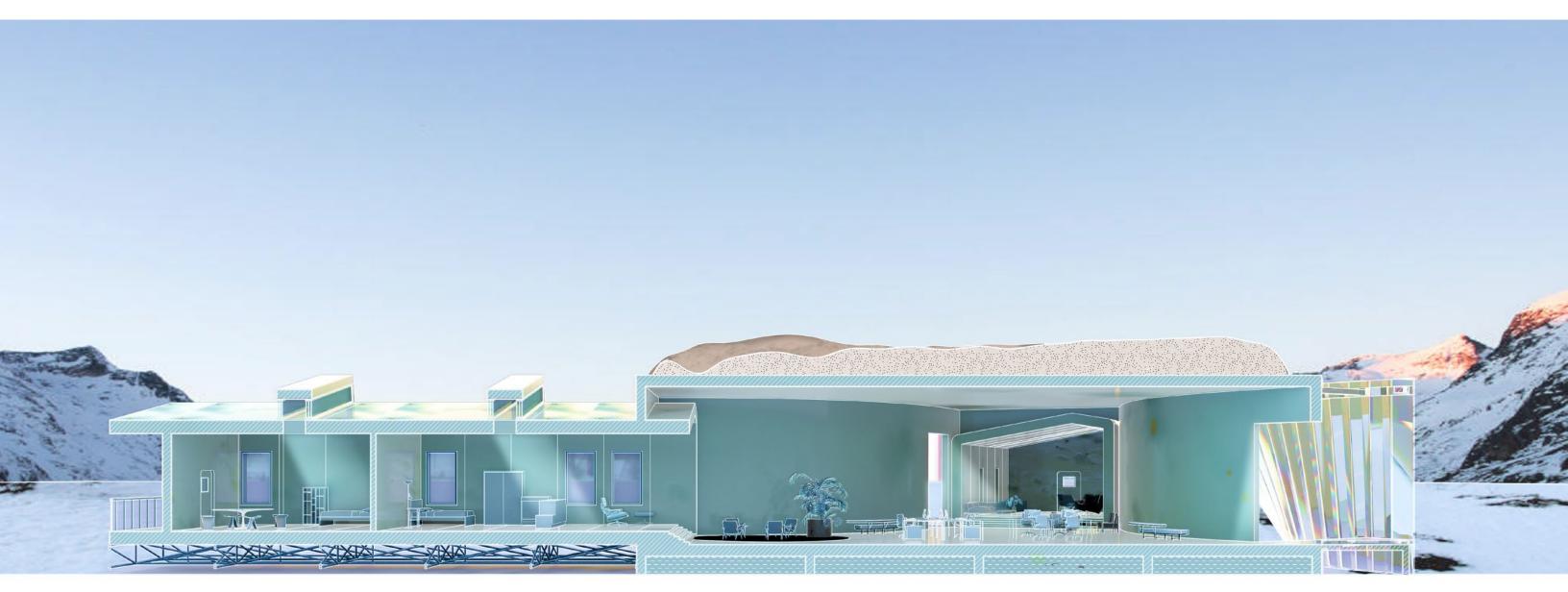




(west reflection)

catoptric device as a means of wayfinding

(east reflection)





### MIND-FLOW

SENSORY HEALING THROUGH MEDITATION WITH NATURE

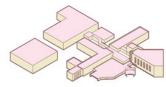
Mind-Flow is a meditative healing center challenges traditional boundaries between human beings and nature by creating a sensory experience that encourages individuals to connect with their environment and tune into their senses.

Through the delamination of enclosures and the blurring of boundaries, the center promotes a sense of liberation and freedom akin to the flow state experienced during meditation. This approach to addiction recovery offers an alternative to traditional methods by emphasizing the interconnectedness of humans and the natural world.

Year of completion: Project type: Instructor: Spring 2022 Partner w. Nicolas Nefiodow Prof. ROBERTS, Bryony

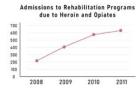
Mind-Flow
Advanced Studio IV





MID-HUDSON REGIONAL HOSPITAL





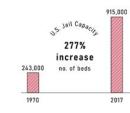
83 deaths

opioid Overdog,

48 deaths 72%

increase

Our intervention in Poughkeepsie aims to serve the community in helping people find stability and wellbeing through a variety of meditation offerings, providing addiction and substance abuse recovery services (both in patient and out-patient), considering the adjacency of the site to the Dutchess County Jail and it's proposed \$200 million dollar expansion. With scientific studies proving the benefits of meditation to PTSD and addiction, as well as the intrinsically democraticizing nature of meditation, our intervention encourages a exploratory and experential mode of healing, where anyone can 'tearn to begin again.'

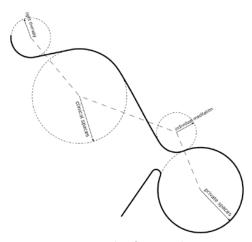


demand for an alternative healing for addition recovery in Poughkeepsie

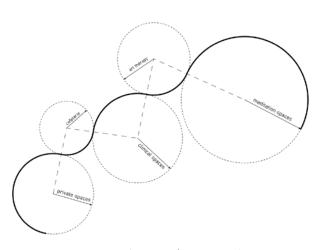
Outside of its religious forms, there are also universally accessible meditation techniques such as Transcendental Meditation, which can be practiced anytime and anywhere, with scientifically proven benefits to addiction and PTSD.

A taxonomy of sensory healing experiences includes a range of meditation practices, as well as sensory experiences such as light and gong therapy to be deployed throughout the project.

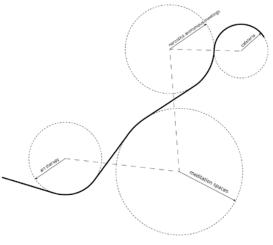
The narrative models explore the sensory and spatial aspects of spaces conducive of meditation; whether it is skylights, or mesh or materiality that create both a sense of movement and privacy. As opposed to creating confined rectangular rooms, each curve creates both dynamic spaces of moving meditation, as well as static spaces which wrap around and give a feeling of protection.



inpatient (early stages)



inpatient (intermediate stages)



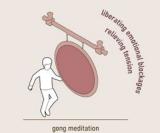
outpatient services

#### TAXONOMY OF FRAMED SENSORY HEALING EXPERIENCES













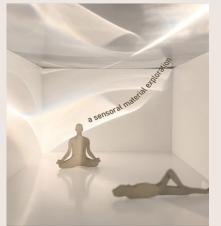






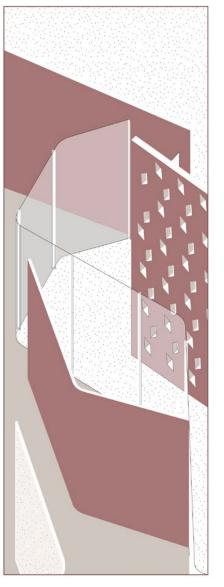


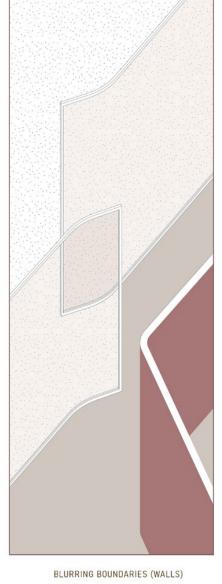










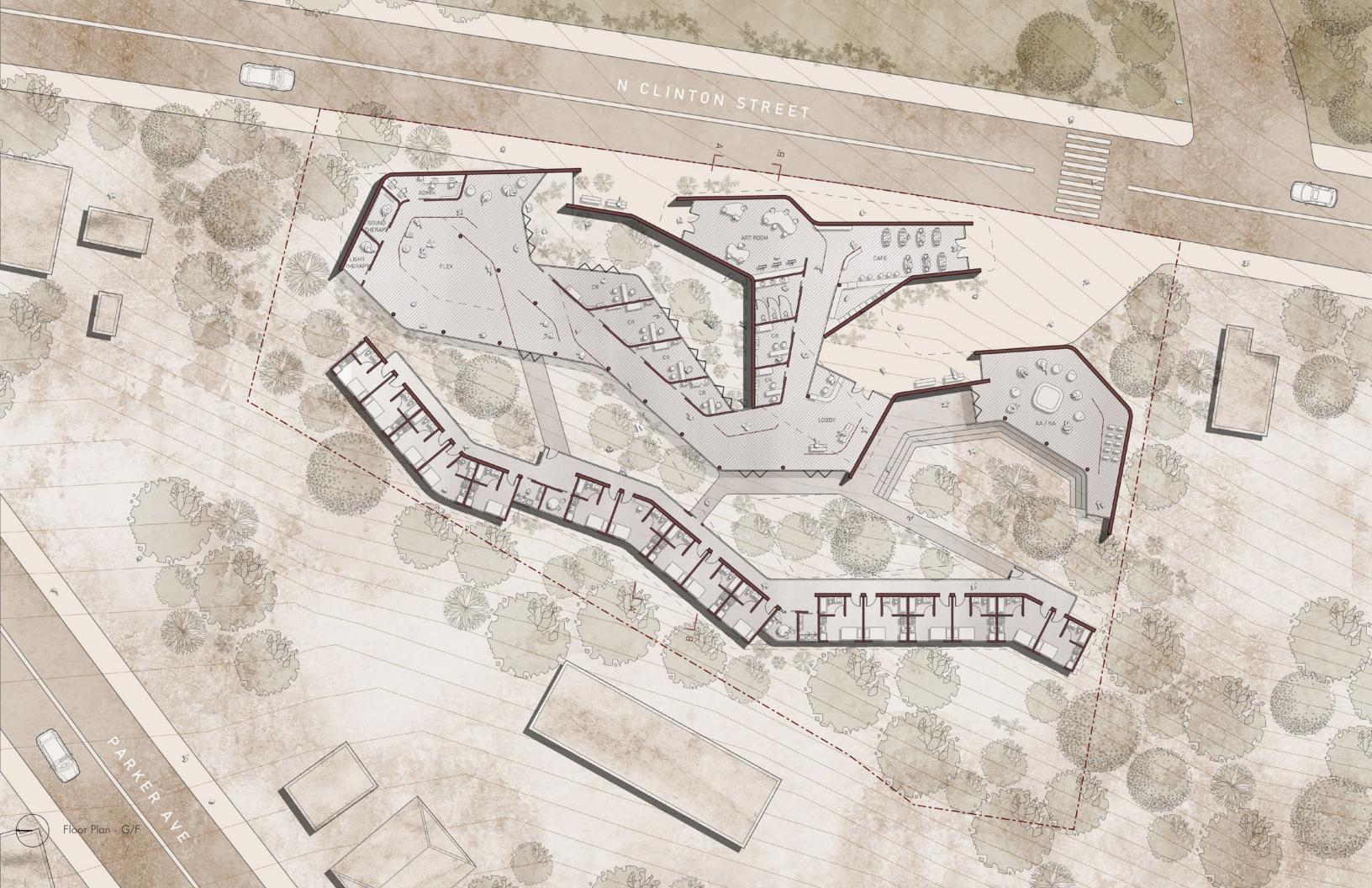




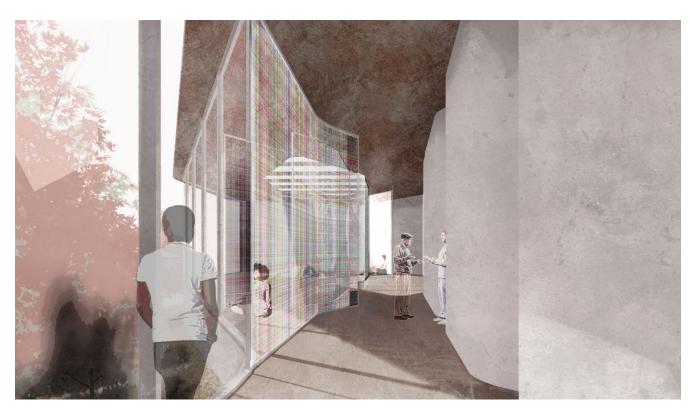
DELAMINATION OF ENCLOSURE

COMPRESSION/DECOMPRESSION

Principles that guide the design include: the delamination of enclosure from solid walls to glass (visually transparent) to mesh (transparent in multiple senses); the blurring of boundaries with walls and roofs that run past each other in both plan and section; and working with the existing topography to generate compressions and decompressions which create a choreography of movement. trees that run diagonally across the site, which acts as a buffer zone between the outpatient and inpatient facilities.



Mind-Flow
Advanced Studio IV



interstitial circulatory space with flexible meditation partitions



cafeteria area; play between wall and partition porosity





### SCHOOL OF SENSES

DELAMINATION OF SENSORY EXPERIENCE INTO A KINETIC LEARNING

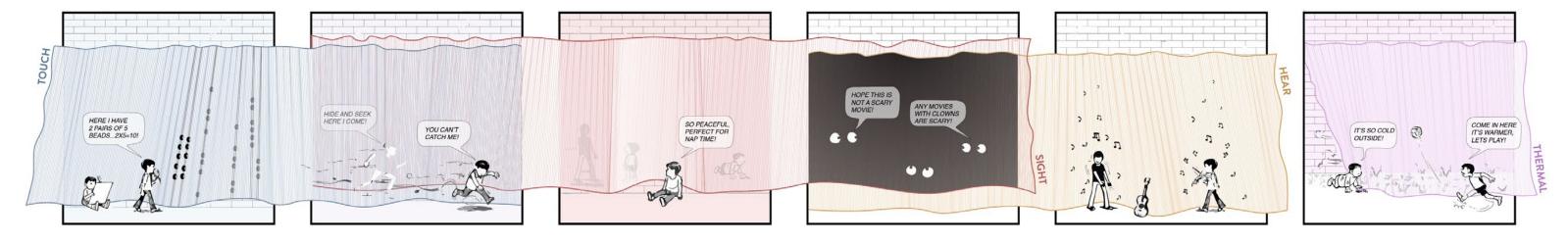
The aspiration of the school is to create a sensory, kinetic learning environment for children, through deploying curtains that delaminate the functional enclosure of a typical building wall into sensory experience.

By preserving the H wings of the existing 19th century P.S. 64 school and working within the recessed front facade, a stage set is created, serving both the school and the city.

Curtains divided into categories of touch, sight, hearing and thermal creates the possibility of defining spaces through different senses and combinations of materials, which are interchangeable and can be manipulated throughout the course of a day, month and year.

Year of completion: Project type: Instructor: Spring 2021 Individual Studio Prof. ZEIFMAN, Emmett

School of Senses

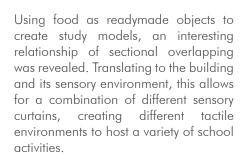










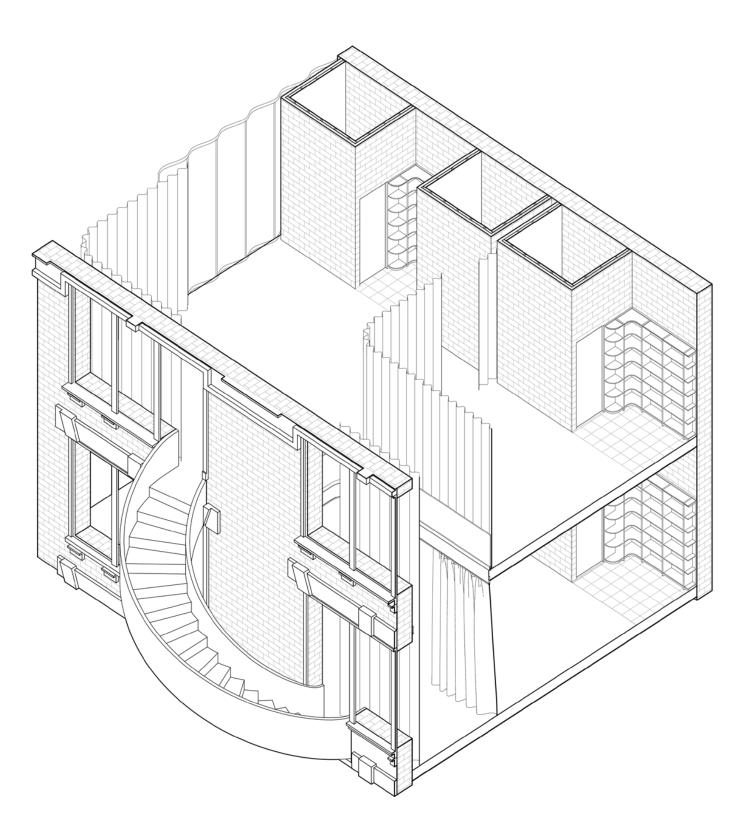




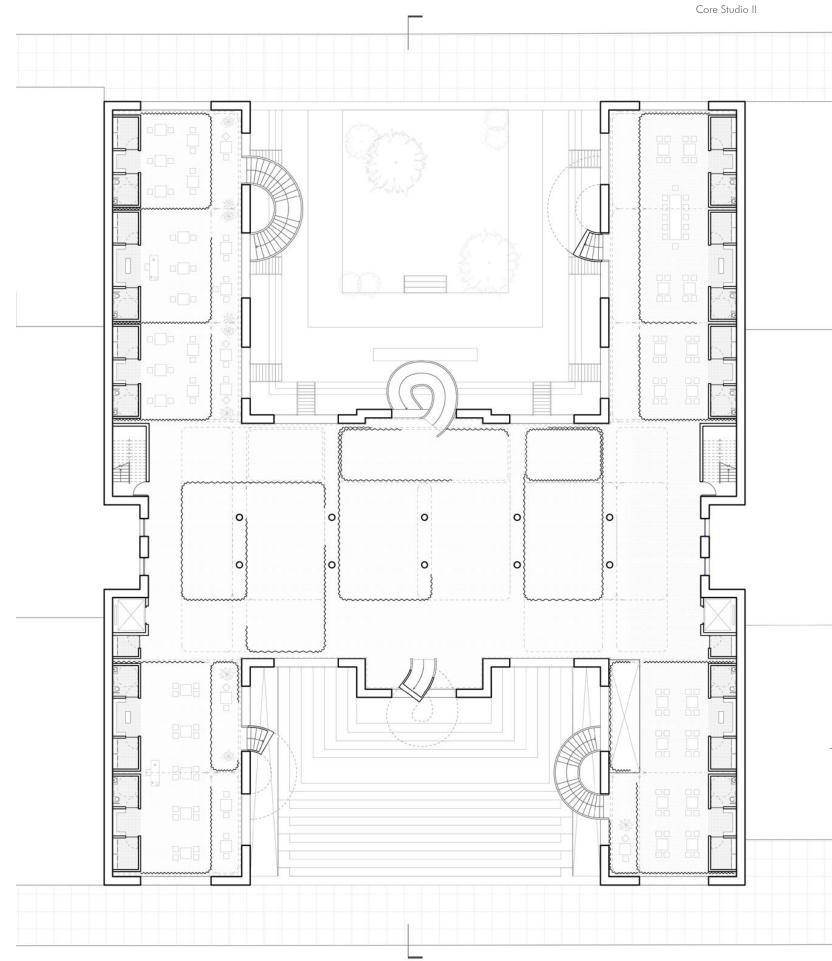




School of Senses



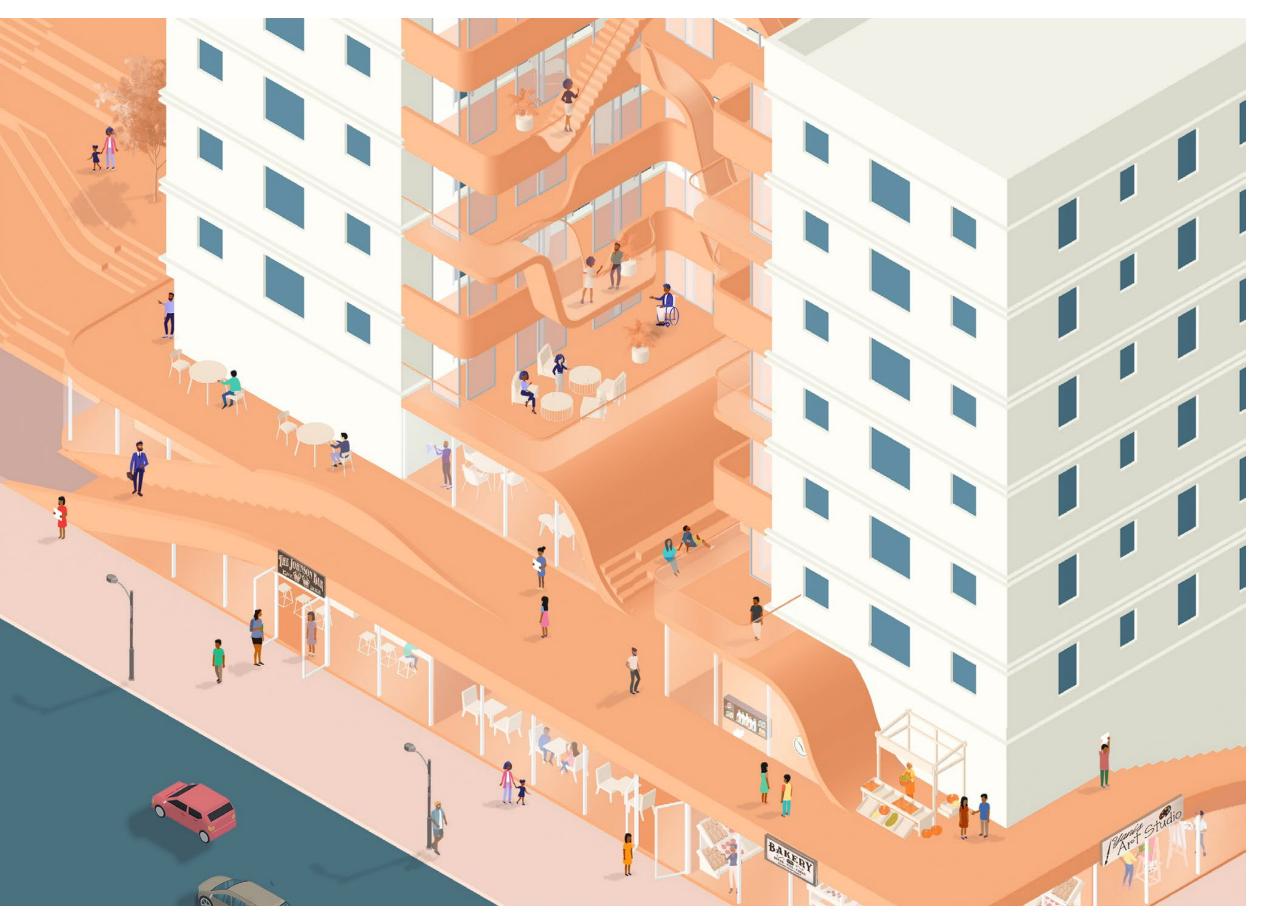
Detailed Isometric











# RECASTING THE COLLECTIVE

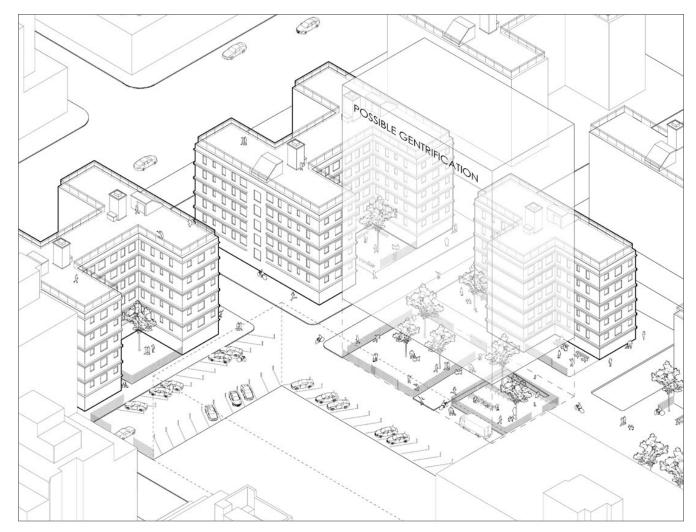
DEMOLISHING UNPHYSICAL BOUNDARIES AND FOSTERING COMMUNITY

Recasting the Collective breaks down both physical and nonphysical boundaries of the Amsterdam Houses community facing gentrification. Residentrun studios and pockets of common spaces built with recycled bricks of former barrier walls introduce social services and the local circulation of capital; while interconnected terraces extend domestic space and foster a sense of collectivity.

Year of completion: Project type: Instructor: Fall 2020 Individual Studio Prof. PUIGJANER, Anna

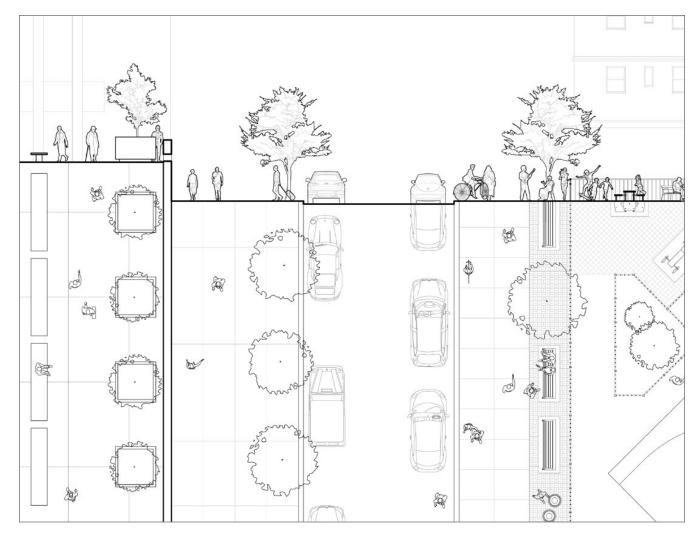
71

Recasting the Collective



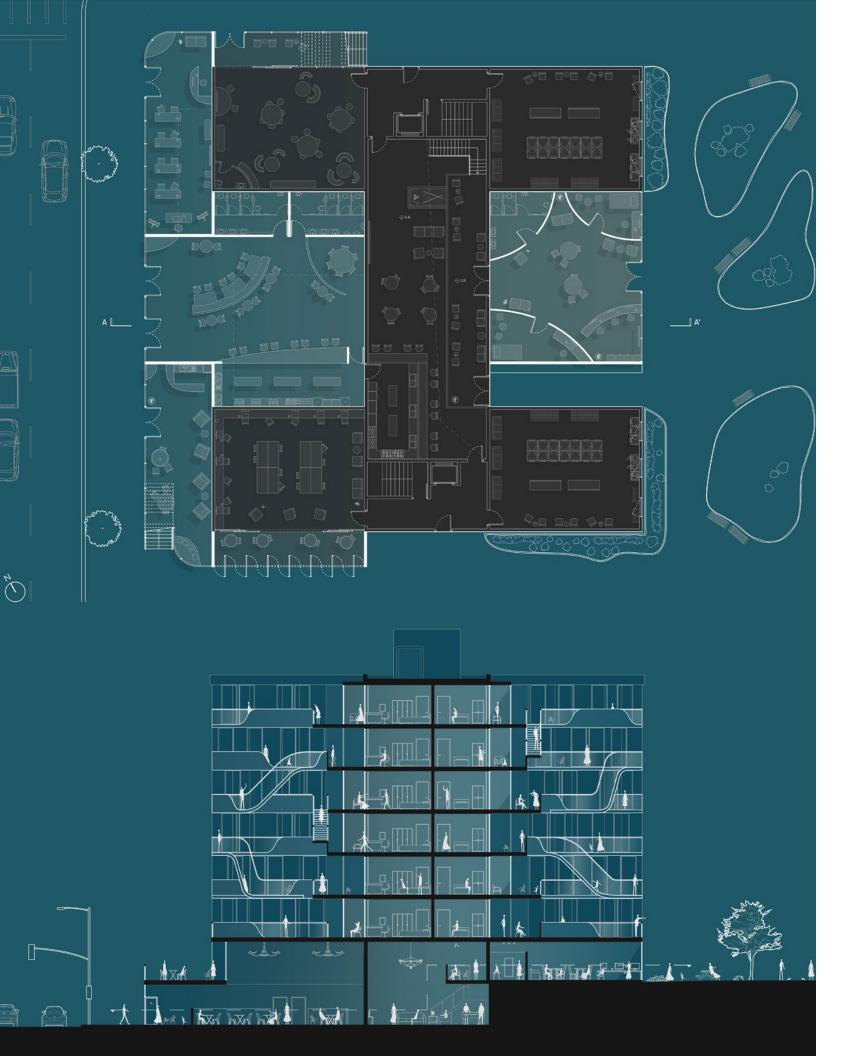


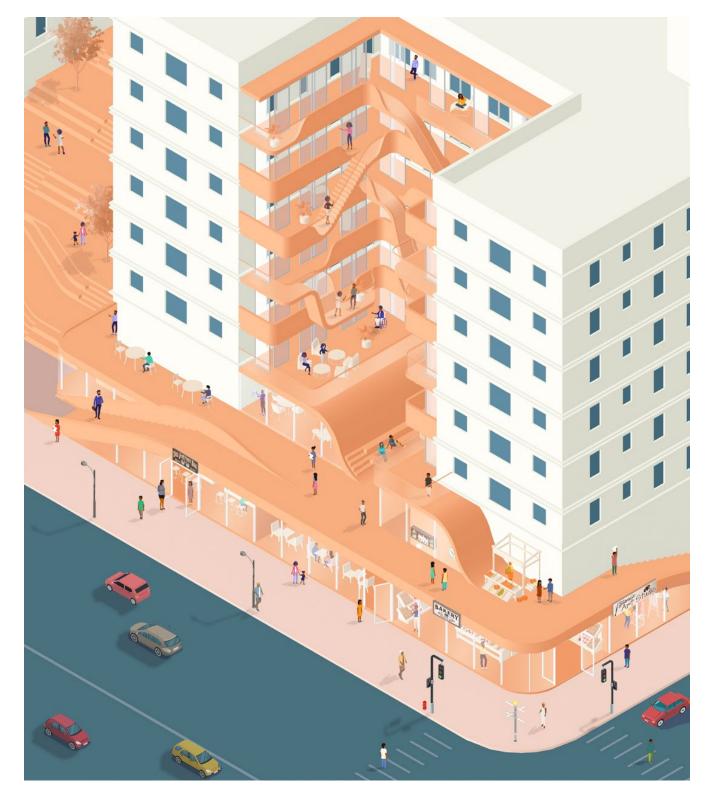
Gentrification as an unseen boundary





Street level walls and elevated sidewalks as devices of social control



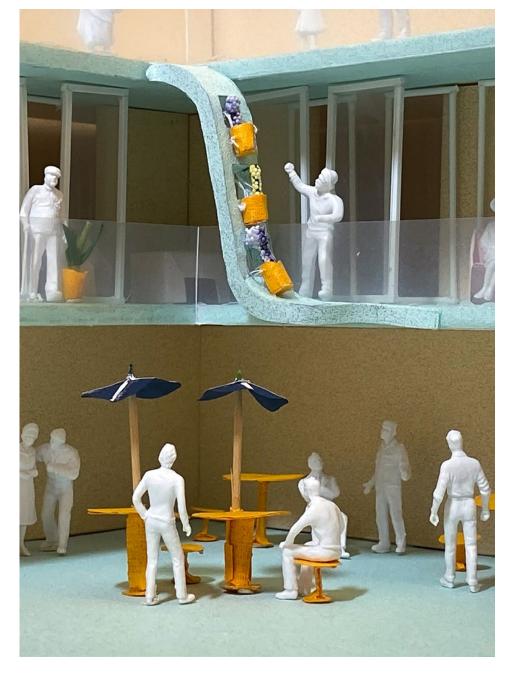


Focusing on the West End Avenue edge condition, the prominent brick retaining wall segregating the NYCHA community from the streetscape is removed.

Instead, spaces of productive labour are generated on the ground floor, where self-run small businesses and art studios allow the residents to express themselves, while also bridging the income boundary as the dollar is being circulated within the community, as opposed to outside larger corporations. Recasting the Collective







#### EXTENSION OF PRIVATE SPACE

The existing facade of the NYCHA housing, consisting of small windows and bricked walls, could be interpreted as another visual boundary of the site. Void sapces are created at the original windows to create full height openings, allowing for an extension of the residents private space and an expansive outdoors view.

#### WINTER GARDENS AS SEMI-OUTDOOR SPACE

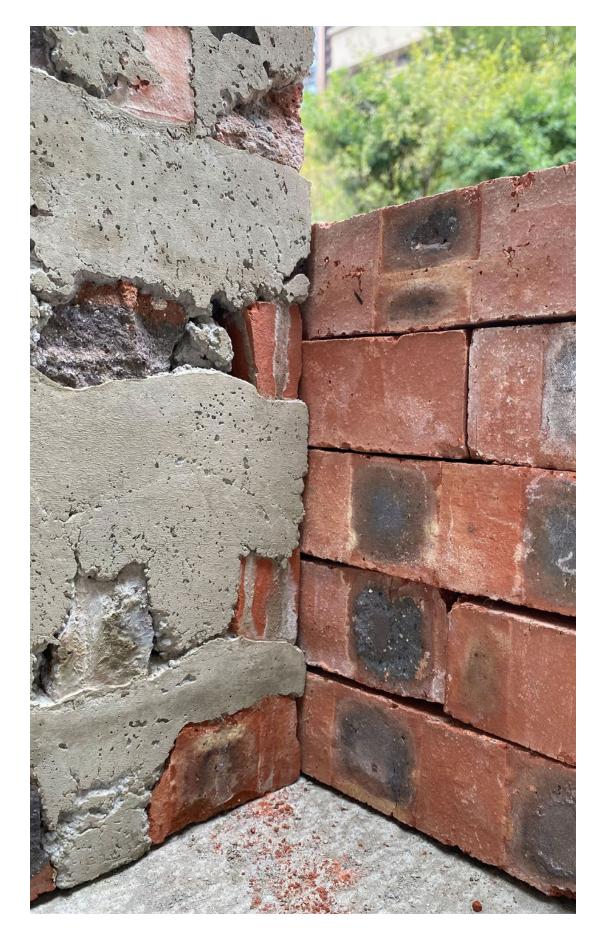
Winter gardens not only act as an extension of residents' private space, but also improve the thermal perforamnce of the building, insulating the apartment during the harsh winters of New York City.

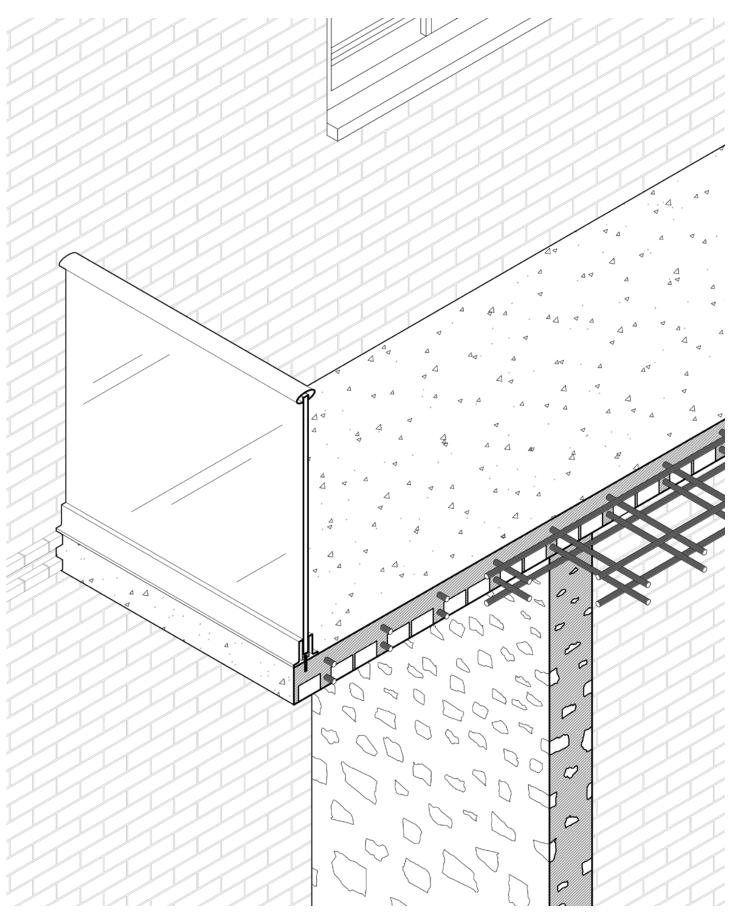
#### INTERCONNECTED BALCONIES FOSTER COLLECTIVITY

Stairs and ramps take on the curvilinear forms of the ground floor interventions, creating interconnected balconies which allow for vertical connectivity between households and promote the expression of home and culture.

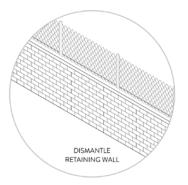
77

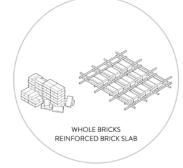
Recasting the Collective





Using the bricks obtained from the excavation of the G/F street level wall, the project explores an ecofriendly concrete which reuses broken bricks as large pieces of aggregate to reduce cement paste consumption.







MICHAEL LAU

COLUMBIA GSAPP