



MOUNTAIN AMERICA
CREDIT UNION

5 STEPS TO FREE YOURSELF FROM DEBT

Debt affects more than just your credit score—it also impacts your psychological health. But paying off debt can feel frustrating and overwhelming. Take steps as a consumer to pay down your debt and obtain financial independence. Attend this free seminar to develop a strategy and gain the motivation you need to become debt free.

Topics include:

- ▶ Signs you might be over your head in debt
- ▶ Steps to getting out of debt
- ▶ Organizing your debt
- ▶ Choosing a debt repayment strategy
- ▶ Staying motivated to pay off debt



Financial
PATHWAYS
by MOUNTAIN AMERICA CREDIT UNION