

## **Lesson Plan**

Paint with Your Hands! Art Activity Inspired by Rose Wylie's where i am and was



Spider Frog & Bird, 2015. Oil on canvas in three parts, 67 x 216 1/8 in (170 x 549 cm). Private Collection. Courtesy the artist and David Zwirner

Rose Wylie is a contemporary artist who lives in Kent, UK. Her first solo show in the US is now on view at the Aspen Art Museum: aspenartmuseum.org.

Often working from memory, Wylie creates lively scenes inspired by films, books, pop culture, sports, and newspapers on large, unstretched canvases. And with a style that has been described as "unapologetic" and "unruly," she makes paintings full of texture, color, and mistakes!

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# Paint with Your Hands!

What you'll need to paint with your hands:

- Newspaper
- Canvas/Cardboard/Large White Paper
- Homemade, Nontoxic Paint (see recipe below)

### Optional:

- Rubber Gloves
- Gesso (you can make your own canvases with cardboard by painting the cardboard with a layer of gesso—gluing two identical pieces of cardboard together will create a stronger canvas that doesn't warp or bend)

To prepare your paint:

- 1 Cup Salt
- 1 Cup Flour
- 1 Cup Cold Water
- Food Coloring

Blend flour and salt together in a large bowl. Add in cold water and mix until smooth. Add food coloring and mix.

Note: If you'd like to save your paint for later, use a funnel to pour paint into a squeezable bottle or into a ziplock bag and shake before use.

Spend some time looking at Spider Frog & Bird by Wylie.

Point to the spider, the frog, and the bird. How is it still possible to tell which animal is which?

Do you think the artist used a brush or something else to apply the paint? If you guessed that the artist used something else, you are correct! Wylie used her hands to paint these large creatures!

#### Let's Paint!

Step 1: Cover your work surface with newspapers (this could be messy!).

Step 2: Think of an animal you'd like to make.

Step 3: Dip your hand in your paint and create!

Step 4: Let your artwork dry completely.

Step 5: Make another painting using your hand dipped in homemade paints!

Now it's your turn!

Aspen Art Museum Aspen Art Museum Aspen Art Museum Aspen Art Museum

Admission to the AAM is FREE courtesy of Amy and John Phelan

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Front: Spider Frog & Bird, 2015. Oil on canvas in three parts, 67 x 216 1/8 in (170 x 549 cm). Private Collection. Courtesy the artist and David Zwirner

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