**The Solo Mommy Trip/Retreat**

*Itinerary*

**Day One**

*9AM – Noon*

Welcome Drinks + Tour of the Location for Guests

* Welcome Packets with Itinerary, Hotel Overview + Country Facts, Welcome Swag Bag with sponsor gifts, The Solo Mommy flyers, Social Media Rules, A Journal and Pen Set, A Mug-- all in a binder etc (vendor/sponsor opportunity)

*Noon – 3PM*

Lunch and Drinks on the Deck or In Room/Free Time

*7:30PM*

Welcome Cocktail Social + Guest Speakers

* Food, Drinks, Guest Speakers
* Intimate Q + A
* Photobooth
* Organic Vendor Weaving (vendor/sponsor opportunity)

**Day Two**

*6:30AM*

Sunrise Yoga (Buy a Solo Mommy/Live Beautiful Yoga Mat for the Trip)

*8:00M*

Faith + Meditation Mornings with Eudora @SlayedandSaved

*9:00AM*

Breakfast with Mimosas by the Pool (vendor/sponsor opportunity—speakers, tablets etc)

*10:30/11AM*

Excursion

1:00PM

Debt Free Workshop by Brown Kids

3PM

Zumba/Twerkout Class (Buy: The Solo Mommy Tribe Workout Gear or Live Beautiful Mama gear)

OR FREE DAY

Sunset Dinner // Sister Circle Ceremony //Healing Ceremony led by Keisha/Alex Elle

**Day Three**

*6:30AM*

Sunrise Yoga (Buy a Solo Mommy/Live Beautiful Yoga Mat for the Trip)

*8:00PM*

Faith + Meditation Mornings with Eudora @SlayedandSaved

*9:00AM*

Momosa Mornings: Breakfast with Mimosas by the Pool

3:00PM

Zumba/Twerkout Class (Sign up needed)

FREE DAY

*8:00PM*

Lingerie Party in the Ball Room

* Music, food, drinks, DJ, Desserts
* Sponsor Showcase (vendor/sponsor opportunity)

**Day Four**

*6:30AM*

Sunrise Yoga (Buy a Solo Mommy/Live Beautiful Yoga Mat for the Trip)

*8:00M*

Faith + Meditation Mornings with Eudora @SlayedandSaved

*9:00AM*

Momosa Mornings: Breakfast with Mimosas by the Pool

*11:00AM – 1PM*

Brunch and Vision Board Day Party (vendor/sponsor opportunity)

2PM

Excursion/Beach Time

6PM

The Art of Entertaining Workshop [Logistics, Beauty/Fashion and Table Ettiquette and Settings] (vendor/sponsor opportunity)

**Day Five**

*6:30AM*

Sunrise Yoga (Buy a Solo Mommy/Live Beautiful Yoga Mat for the Trip)

*8:00AM*

Faith + Meditation Mornings with Eudora @SlayedandSaved

*9:00AM*

Momosa Mornings: Breakfast with Mimosas by the Pool

*1:00PM – 2:30PM*

The Self Care Workshop: carving out a day for yourself. Taught by Dana Ferrer

* Highlight vendors.
* Kids are cared for, scrub, wear, paint nails, makeup etc.
* The Self Care Diary (What did you do today to care for yourself? What are my fears? What am I grateful for?
* Spend time curating a music list that makes you happy
* Spend time meditating
* Books to Read, Magazine
* Desiging a space that you like
* The Mom’s Calendar: plan for appointments, day to day, but with a caveat for self care activities, one weekend or day’s trip
* Setting Intentions

*7PM*

Send Off Dinner and Party on the Beach

Complimentary Therapy Sessions: Book a one hour complimentary therapy session with Keisha. Only 10 slots available.

Complimentary Retreat Photographer and mini sessions (30 minute mini sessions must be booked in advance)

Clothing Line Sponsor a Fashion Show

BMW Car Sponsor (take select girls on an excursion – drone footage and social)

Social Snapchat Geo filter

Book Massages and facials at low price

# Venues: Villa Punto de Vista, Allys Beach, Mii Amo, Villa Verde, silent waters montego bay, casa capitan, casa familia, casa aramara

Sponsors/Vendors:

Target

Darling Mag

Blavity

Etsy

Moet

BMW (X Series)

Clothing Brand

Makeup Brand

Bank

Hatch Gal

She The Collection

Audible

Sarah Howell – any brands that she can link me with?

Coca Cola –

Uber

Olay

Shea Moisture

Something Barowed

Charlton and Lola

Kua Bags

Heat Free Hair

DJI Global

Tubby Todd

Honest Diapers

Whole Foods

Hefty Brands

Wayfair

Sthoko – Oprah

Kuki’s Natural’s

Misayo House

Join Reel

Delta, SouthWest (maybe not free flights but complimentary stay at lounge etc)

ShopRKiteKT

Island Boi Photography (Ticket and stay paid for…free images)

Nespresso

Little Brown Young Readers

Wear Lively

Girl Boss

Shop Love Dua

Crate Joy

The Bee and the Fox

Amazon

Atelier Azure

BedRock Skin

Nordstrom

Macy’s

Cox Entertainment

Goop

Fenty Beauty

Lancome

Nyx

Gerber

Ashley Home Store

Tesla

Speakers:

Workshops:

Activities:

Excursions: