

WORK: LIFE Balance RETREAT

2021PARTNERSHIP AND SPONSORSHIP PACKET

A weekend dedicated to relaxation and rejuvenation.

SEPTEMBER 17-19, 2021

EVERGREEN RESORT STONE MTN, GEORGIA



ABOUT CATAPULT YOU

EVERYDAY, WOMEN CONSTANTLY STRUGGLE TO FIND BALANCE. JUGGLING DEMANDING ROLES AT WORK, HOME, AND IN THEIR COMMUNITIES, WOMEN FIND IT HARD NOT TO GET OVERWHELMED. IT'S TOUGH TO FIND TIME TO THEMSELVES AND RESET. THAT'S WHERE **CATAPULT YOU** PLAYS A ROLE. WE ARE A MOVEMENT THAT CONNECTS WOMEN; BUILDING A SUPPORTING TRIBE FOCUSED ON FINDING BALANCE. OUR SELF-CARE EVENTS, BOOK CLUB AND WEEKEND RETREATS SERVE AS A REFRESHING REFUGE TO RELAX.

AN ATTORNEY, WIFE, AND MOM...

CANDACE DUVERNAY IS THE FOUNDER AND HEART BEHIND CATAPULT YOU. SHE CREATED THE GROUP TO HELP PROPEL WOMEN TO THEIR NEXT LEVEL OF PERSONAL, PROFESSIONAL, AND INTERPERSONAL SUCCESS BY SHOWING THEM THE IMPORTANCE OF WORK-LIFE BALANCE.



MISSION

WE ARE HERE TO PROVIDE A SAFE SPACE FOR WOMEN TO CONNECT WITH ONE ANOTHER FOR THE PURPOSE OF UPLIFTING AND ENCOURAGING EACH OTHER. WE EXIST TO ALLOW WOMEN A RARE OPPORTUNITY TO FOCUS ON PERSONAL AND PROFESSIONAL DEVELOPMENT, SELF-CARE, AND SELF-LOVE THROUGH WORKSHOPS, RETREATS. AND NETWORKING MIXERS.

VISION

OUR VISION IS TO CREATE A NATION-WIDE NETWORK OR TRIBE OF WOMEN WHO HOLD EACH OTHER ACCOUNTABLE TO THEMSELVES. WE FIRMLY BELIEVE THAT OUR JOBS, FAMILIES, AND FRIEND NETWORKS THRIVE WHEN WE FIRST THRIVE.

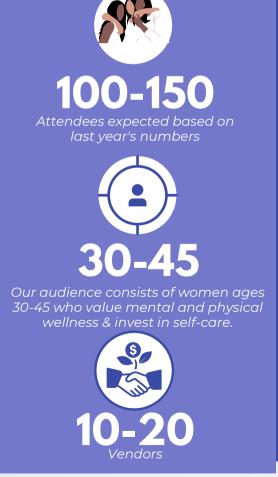
OUR PROGRAMS

WE REGULARLY HOST EVENTS THAT FOCUS ON THE WHOLE WOMAN. WHETHER THROUGH A TWO DAY RETREAT FOCUSING ON WORK/LIFE BALANCE, A NETWORKING MIXER, OR A SMALL BUSINESS BOOT CAMP, WE ARE ALL ABOUT PROVIDING WOMEN AN OPPORTUNITY TO MOVE TOWARDS THEIR BEST SELVES! WE DO THIS IN A SAFE SPACE WITH LIKE-MINDED WOMEN AND THE EXPERIENCE IS PRICELESS.



WHY OUR RETREAT IS WORTH YOUR INVESTMENT

OUR WORK-LIFE BALANCE
RETREAT IS AN INTIMATE
EVENT THAT GIVES YOU THE
OPPORTUNITY TO REALLY
CONNECT WITH ATTENDEES.
DURING THE EVENT, THERE
WILL BE MULTIPLE
OPPORTUNITIES TO BE IN
FRONT OF WOMEN WHO
KNOW THE VALUE IN
BUSINESSES LIKE YOURS.



EVENT LINE-UP

OUR EVENT IS CURATED TO PROVIDE AN UNPARALLELED EXPERIENCE FOR WOMEN IN NEED OF A REFRESH, RESET, AND RETREAT FROM THEIR DAILY GRIND AS WIFE. MOTHER, AND WORKING WOMAN.



WELCOME MIXER

AN OPPORTUNITY TO BREATHE, TAKE IN THE RESORT, AND MEET OTHER LADIES.

MENTAL HEALTH BREAKFAST

THIS BREAKFAST WILL FOCUS ON THE IMPORTANCE OF MAINTAINING HEALTHY BOUNDARIES, SELF-CARE, AND OVERALL MENTAL WELLNESS.

PAJAMA PARTY

THE LADIES WILL JUMP INTO THEIR PAJAMAS AND ENJOY A GIRL TALK SESSION WITH A SEX THERAPIST, DATING EXPERT, AND RELATIONSHIP COACH.

GROUP YOGA

A GROUP SESSION OVERLOOKING STONE MOUNTAIN IS GOOD FOR THE BODY AND SOUL.

GIRLS NIGHT IN

LET'S HAVE A NIGHT IN TO GET TIPS ON MAKEUP, PERSONAL CARE, AND MORE!

VISION BOARD BREAKFAST LET'S CHART OUR NEW + MORE BALANCED

LET'S CHART OUR NEW + MORE BALANCEI PATH WHILE ENJOYING A FINAL GROUP BREAKFAST.



3 DAYS

This retreat is three days that focuses on the Whole Woman.



6

Interactive Sessions to Propel Women to the Next Level

SPONSORSHIP LEVELS

PLATINUM

WEBSITE PROMOTION
SOCIAL MEDIA PROMOTION
PREMIUM LOGO PLACEMENT
GIFT BAG INCLUSION
VENDOR TABLE
2 RETREAT TICKETS

\$1,500

GOLD

WEBSITE PROMOTION
SOCIAL MEDIA PROMOTION
PREMIUM LOGO PLACEMENT
GIFT BAG INCLUSION
1 RETREAT TICKET

\$750

SILVER

WEBSITE PROMOTION ONSITE MENTION GIFT BAG INCLUSION 1 RETREAT TICKET \$500

SPONSOR A SESSION

BALANCE LOUNGE YOGA SESSION GRAB+GO LUNCH

WEBSITE PROMOTION ONSITE MENTION

FRIEND OF CATAPULT YOU ONSITE MENTION

\$350

\$250

VENDOR TABLE

1 DAY

TABLE WITH LINEN

\$100

2 DAYS

TABLE WITH LINEN

\$200

INTERESTED IN THESE SPONSORSHIP AND VENDOR OPPORTUNITIES...OR PARTNERING IN OTHER WAYS THROUGH IN-KIND SUPPORT OR PRODUCT PLACEMENT?

CONNECT WITH US VIA EMAIL: INFO@CATAPULTWOMEN.COM

STAY CONNECTED



CATAPULT YOU



CATAPULT YOU



CATAPULT YOU

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