



CASE STUDY

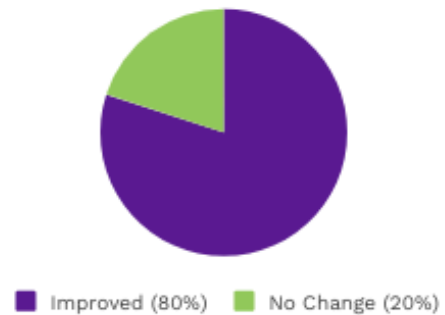
Donelson Middle School

Mental Wellness Program

Engaged Students

The Ebonized Chill program significantly improved student engagement, fostering a positive learning environment.

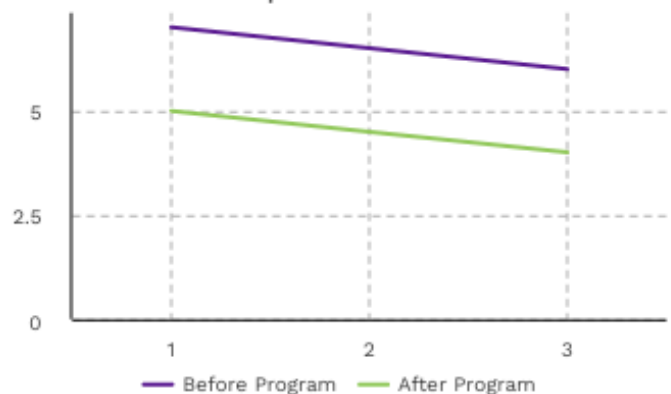
Student Engagement Improvement



Emotional Awareness

The program equipped students with tools to manage anxiety and improved classroom behavior and emotional awareness.

Anxiety Management Skills Improvement

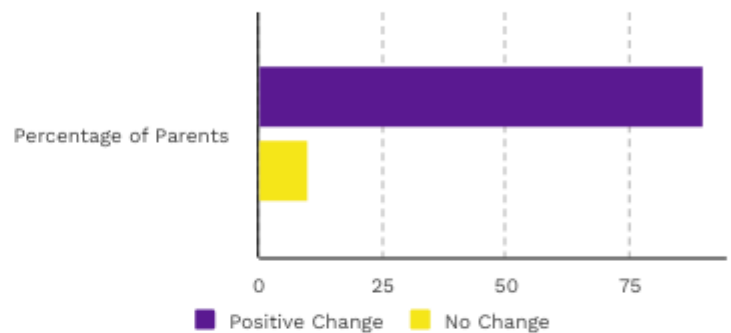


Music's Positive Impact

Open Communication

The program fostered open communication about feelings, leading to improved parent-child interactions.

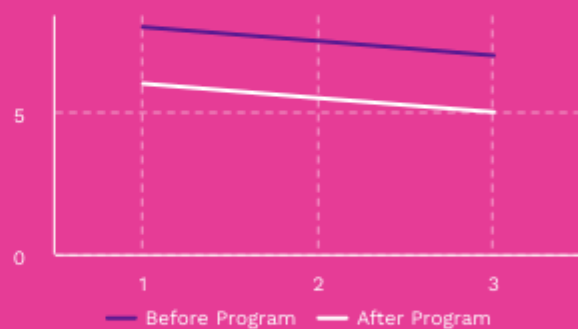
Parent Feedback on Open Communication



Music-based relaxation techniques

Music-based relaxation techniques effectively reduced stress and promoted relaxation among students.

Stress Levels Over Time



Resilience Building

The program empowered students to develop coping mechanisms and build emotional resilience to navigate life's challenges.

Student Confidence in Coping Skills

