



# **ANTI-DOPING POLICY**

## Document Control Sheet

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## 1. DOPING

### **DOPING IS AGAINST THE PRINCIPLES OF FAIR PLAY IN SQUASH AND CAN LEAD TO SERIOUS AND EVEN FATAL CONSEQUENCES**

Irish Squash is the National Governing Body (NGB) for the sport of Squash in Ireland and Northern Ireland. Irish Squash adheres to the Sport Ireland (SI) Anti-Doping policy that in turn follows the parameters laid down by the World Anti-Doping Agency (WADA). This is in conformity with the anti-doping rules of European and World Squash federations.

Doping refers to any violation of the rules set out in the World Anti-Doping Code. In summary, it means taking a substance or using a method that can or may enhance an athlete's performance. It also refers to the possession of or aiding/supporting the use of substances or methods by coaches or other support personnel.

Squash Ulster is one of the Regional Provinces within Irish Squash. Squash Ulster adhere to and follow Irish Squash's Anti-doping policy. See link below:

<https://www.irishsquash.com/anti-doping/>

Other Website Links that may be useful are as follows:

<https://www.ukad.org.uk/coach-clean>

<https://www.sportireland.ie/anti-doping>

<https://www.wada-ama.org/>

<http://www.sportni.net/performance/anti-doping/>

Athletes are solely responsible for any prohibited substance found in their system despite whether there was an intention to cheat or not.